Pre-Trip Planning:

- What is Team Goal/Objective
- Who is on the Team – Team selection
- Develop Trip Plan
- Research route and route options
- Develop a trip itinerary
- Options to trip due to weather or other obstacles which would prevent safe backcountry travel at the given location.

Trip Plan Items to Include:

- Team Objective
- Daily Summary
  - Route, distance, start time, stop time, Check in times with Emergency contact, call for help time (make this a table)
- The Team
  - Team Members, Emergency Contacts, License Plates, make of car, and medical data which may be needed to know by the team.
  - Drivers – and who is in each car
  - Team Leadership
    - Trip
    - Medical
    - Survival
    - Emergency
  - Rope Teams
  - Trip Emergency contact
  - Instructions for emergency contact
  - Where to call for help – Hospital, SAR, Medical Care, if more than one day and highly technical a carryout plan
- The Route/Hike/Climb
Route

- Legs – Description, bearings, evaluation (elevation between legs), leader of leg, Pro required or potential pro, distance
- Determine Exposure/Technical Moves
- Primary, and Secondary route along with descent route
- White out plan
- Turnaround times each day

Logistics

- Dates of trip
- Meet up location
- Pre Trip Meet Location for gear review
- Start times on each day stop times on each day
- Directions
- Communication
- Weather
- Weather trends if more than 1 day

Equipment

- Team
- Personal
- Determine equipment needs and shared equipment
- Determine equipment assignments

Before leaving town

- Meet and inventory team gear for overnight trips
• Review final plans

On the way

• Final check of the weather and avalanche conditions
• Register with anyone – park service etc.
• Inventory Any team gear (not already accounted for)
• Car Pool

At the trail head:

• Introductions
• Review team objective
• Review turnaround times and complete times
• Review front and rear leaders
• Review Safety on route
• Talk about exposure and any required pro
• What to do if get separated
• Leave no trace
• Review any rules
• Always two go
• Highlight any key items from hiking plan
• Gear check
• Review weather and/or avalanche forecast

On the hike/Climb:

• Keep everyone together
• Watch for others insure everyone is safe
• Remember turn around time
On the way out and back at the trailhead

• Insure Rear leader is in place
• Look for any gear
• Head counts
• No one leaves the trailhead until everyone is out at cars

Overnight Climb/Hike:

• How is the team holding up?
  ○ Is everyone within their physical and technical abilities?
• Is communication working?
• Is the team having fun?
• How is the pace can it be sustained? Are we on plan?
• Do we need to put any risk mitigation in place?
• Should we avoid certain terrain features?
• Do we have any options?
• Do we have options if the weather changes?
• Are the radios working?

Hazard Analysis:

• Snow stability
• Changes in Wind/s
• New Snow
• Temp changes
• Condition changes
  ○ Recent avalanches
  ○ Rock fall
  ○ Cooling/warming
  ○ Precipitation