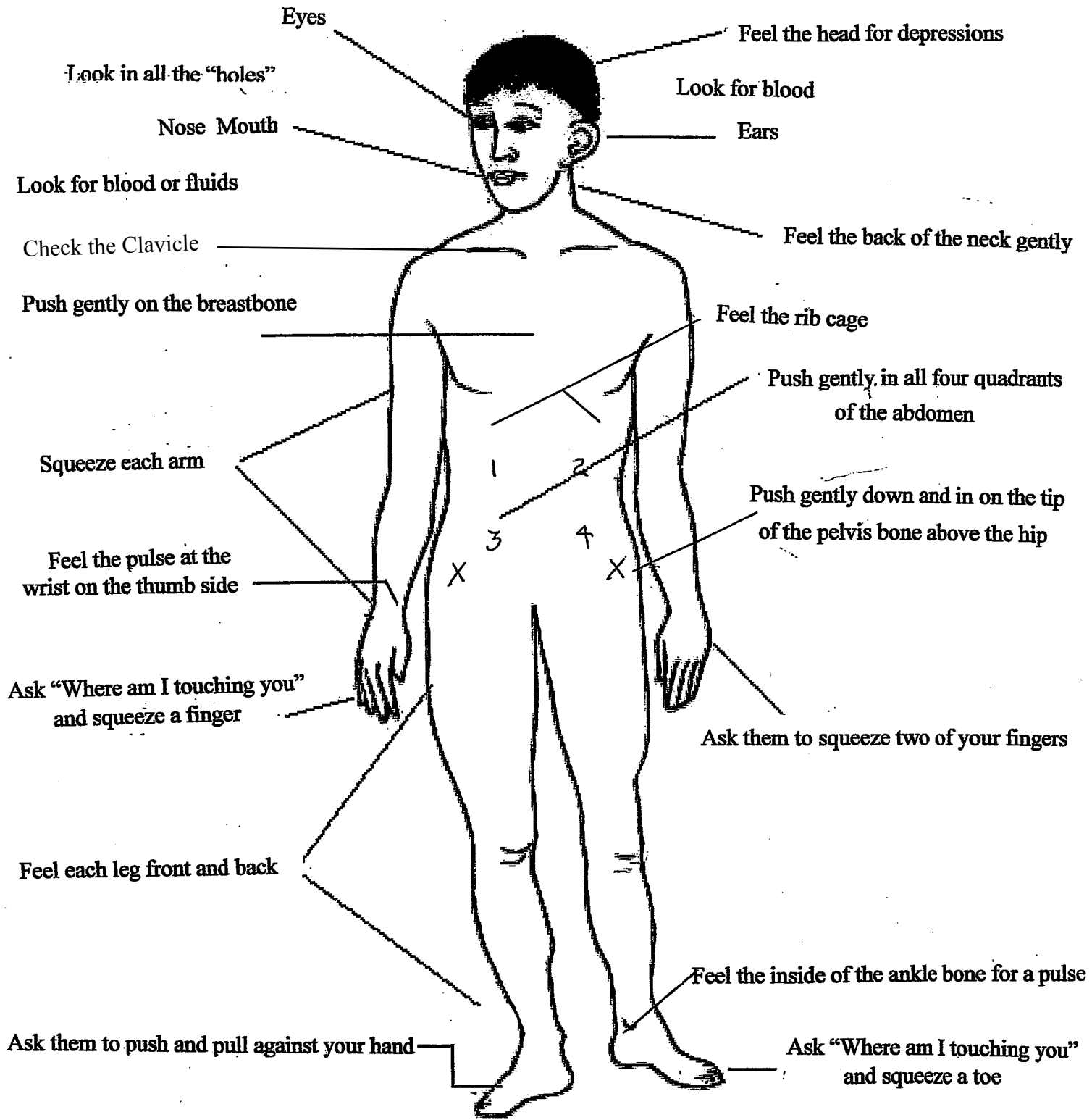


HEAD TO TOE ASSESSMENT



If you are able to log roll the person, inspect their back for injury
If you can't log roll them, feel their back with one hand as best as you can

HEAD TO TOE ASSESSMENT

Feel the head for depressions

Look for blood

Look in all the "holes"

Eyes Ears Nose Mouth

Look for blood or fluids

Feel the back of the neck gently

Push gently on the breastbone

Feel the rib cage

Push gently in all four quadrants of the abdomen

Push gently down and in on the tip of the pelvis bone above the hip

Feel each leg front and back

Ask them to push and pull against your hand

Ask "Where am I touching you" and squeeze a toe

Feel the inside of the ankle bone for a pulse

Squeeze each arm

Ask them to squeeze two of your fingers

Ask "Where am I touching you" and squeeze a finger

Feel the pulse at the wrist on the thumb side

If you are able to log roll the person, inspect their back for injury

If you can't log roll them, feel their back with one hand as best as you can