FRIDAY LUNCH JAZZ JAM

DAZZLE JAZZ CLUB

NOVEMBER 3, 11:30

Jam with a Jazz Trio on Friday, November 3, 11:30 am, at Dazzle Denver at 1512 Curtis for lunch. Please register on the CMC website to confirm your reservation. No charge for the event, but you are responsible for your own lunch and beverages. For more information about Dazzle, go to www.dazzledenver.com. Or call, text or email Ronnie Knueven at knuevenru@comcast.net, 303-588-4526.

RECRUITING ADDITIONAL RMOTHG TRIP LEADERS

RMOTHG is growing SO fast we need additional trip leaders to accommodate all our members. I know you may have seen this message before and think it is just a standard request and it doesn’t apply to you. But the situation is becoming more urgent with the constant influx of new members. If you have been a CMC member for a year or more and have been on at least three CMC trips, please give some serious thought as to whether this is a way for you to give back to RMOTHG. We all enjoy the benefits of the trips (when we get on the roster) so why not extend this opportunity to more members?

There will be a meeting on February 5 for prospective RMOTHG trip leaders. The meeting will include a presentation on the process to become a leader and we will talk about our support system for leaders and prospective leaders. Leading can be a very rewarding experience. PLEASE give it some consideration.

CURRENT LEADERS – You can help in the recruitment. If you have trip participants that you think would be good trip leaders, suggest it to them. Sometimes it just takes that initial encouragement to start the ball rolling.

VOLUNTEER PROGRAMMER NEEDED FOR RMOTHG WEBSITE AND DATABASE

The RMOTHG maintains a database and a website to administratively manage its members and activities, and to e-mail activity notices. This is a well established system that requires occasional updates and maintenance. The website is coded in vb.net and the database is supported via SQL Server 2012. Development support for the programmer is via Visual Studio 2013 Express for Web (free from Microsoft). The domain and host are handled by another member. Please contact Jeff Flax, jeff@JFlax.com, 303-809-5750 if you are available to assist with our database and website.

RMOTHG BENCH at BEAR LAKE, ROCKY MT. NAT’L PARK
Hello RMOTHG friends,

Have we all put away our hiking shoes and bicycles for the year? The answer for many of us is “not yet.” After all this is Colorado, where we’ve already had cooler, even snowy days in between warm sunny days, keeping our hiking and biking groups heading out on the trails. Thank you Trip Leaders for adding on to the regular season! We are certainly an adaptable group, as well as always the “snappy” layered sportswear kind of people.

But alas, winter is coming and our cold weather activity Coordinators and Trip Leaders are prepared. Look to the newsletters and emails for the snowshoe and the cross-country adventures that are planned thanks to Elaine Kallos, Jeff Flax and the trip leaders who make this happen.

Another winter activity I always look forward to is our Holiday Party in December. It’s a great time to catch up with friends and celebrate the season. Look for more details from our Social Committee on this event and start thumbing through your favorite recipes to find a yummy dish to share!

Your new Board will have its first meeting in November 6th and you as a member are always invited to attend. We will be busy this year continuing to represent the needs of this CMC Section and laying the ground work for new projects and ideas. For example, we have a committee formed to roll-out a “New Trip Leaders Initiative” as a way to promote and assist some of our Members in becoming RMOTHG Trip Leaders. Watch for more information on this in the next few months and please consider sharing your expertise by becoming a Trip Leader yourself.

Please feel free to contact me or anyone on your Board if you have new ideas or concerns that you would like to share with us and THANK YOU for allowing us the opportunity to serve this Section.

Kirsten Tollefson
SECTION CHAIR

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CMC Denver Group
2017 Annual Dinner
Sunday, Dec. 3
American Mountaineering Center
710 10th Street, Golden, CO
5 p.m. – 9:30 p.m.
$30 per person

Speaker: Charlie Winger
Travels with Charlie – A Life of Peak Bagging

Our featured speaker is long time CMC member Charlie Winger. Charlie is a prolific mountaineer with a passion for climbing lists of peaks: the 200 highest mountains in Colorado, the 50 state highpoints, over 100 USGS-named peaks in Death Valley, the 57 ultra-prominence peaks in the lower US, the highest mountains in North and South America, Europe, Africa, and Australia, and many more lists few people understand.

He is the co-author, along with his wife Diane, of 3 guidebooks:

- Highpoint Adventures - the complete guide to the 50 state highpoints
- The Essential Guide to Great Sand Dunes National Park & Preserve
- The Trad Guide to Joshua Tree - 60 favorite climbs from 5.5 to 5.9

Charlie is also the 2013 recipient of the CMC Ellingwood “Golden Ice Axe” Award.

The direct link to register for the dinner is: https://www.cmc.org/Calendar/EventDetails.aspx?ID=39151
BOARD MEMBERS
Vern Bass
Diana Bliss
Joanie Broder
Lue Fratantuono
Jennifer May
Elaine Shirley
Pete Spandau
Kirsten Tollefsen
Jane VanderKolk
Colleen Landy, DG liaison

NEW & PROSPECTIVE MEMBER MEETING
Janice Johnson, liaison

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Carole Adler
Sandy Curran
Jeff Flax, coordinator
Ed Scutellaro
Pete Spandau, coordinator
Kirsten Tollefsen
Wayne Tomasello, coordinator
Roger Wendell

HUT TRIP LEADERS
Carole Adler
Frank Burzynski
Martha Delporte
Joanie Broder
Colleen Landy

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Ronnie Knueven
Ida Sansoucy

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Diana Bliss
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Martha Delporte
Jeff Flax, coordinator
Lou Henefeld
Sue Henley
Ron Hileman
Elaine Kallos
Colleen Landy
Sandy McRae
Kathy Malone
Martha Weaver

SNOWSHOEING
Jeff Flax, coordinator
Elaine Kallos, coordinator
Barb Schwarz, coordinator

X-COUNTRY SKIING
Vern Bass
Jeff Flax, coordinator
Jim Stelzig
Roger Wendell

EXPLORING IRON FEN
November is *Transition Time* between hiking and snowshoeing, when we offer just a few hikes if leaders have time to offer them! Are you getting ready for snowshoe season starting officially in December? If you’re a newbie to snowshoeing, a good retail source is REI.com. Under REI, go to *Expert Advice, Browse articles by Topics, All Snowsports Articles*, and finally, click on *Snowshoeing*! You’ll find excellent articles about snowshoeing, supplies to carry, kinds of snowshoes and which might be best for you. We don’t shoe in avalanche areas & don’t carry beacons, but a list of other snowshoe essentials helps you plan. Usually REI has sales on snowshoes in November. You might want to rent first before buying, but REI can help you decide what you need.

If you’re not on the snowshoe list for receiving emails on Fridays about upcoming snowshoe/winter hike treks the following Wed, let Jeff know at Jeff.Flax@gmail.com. The winter version of our summer hiking trails is worth exploring with us either on snowshoes or spikes (We carry spikes for winter hiking when snow isn’t deep enough for snowshoes!). REI and other sports retail shops carry them. Meanwhile, enjoy November, but hope for fluffy, deep, Colorado snow in December!
CPR/AED for Outdoor Recreationists
Dec 4, Jan 8 & Feb 26
Sign up for one only

The CMC Denver Group’s Wilderness First Aid School (WFA) is offering three separate 3-hour American Heart Association Heartsaver CPR and AED (automated external defibrillator) evening classes at the AMC/CMC, one Mon, Dec 4, one Mon, Jan 8, and one Mon, Feb 26. All classes are from 6:30 to 9:00.

The class also covers how to relieve choking victims.

The class tuition for Dec 4 is $20. The tuition for next year’s classes is TBD. (Denver Group leaders can apply for SALT scholarships, which covers the cost of the class - see https://goo.gl/XuhvKm). For more information contact Jeff Flax, Denver Group WFA School Director, at Jeff.Flax@gmail.com. Registration sign-up is available on the CMC calendar at http://www.cmc.org/Calendar/Classes.aspx.

Bet Ya Didn’t Know ….

How many grapes it takes to make a glass of wine??

1 Grape Cluster = 1 Glass
75 Grapes = 1 Cluster
4 Clusters = 1 Bottle
40 Clusters = 1 Vine
1200 Clusters = 1 Barrel
1 Barrel = 60 Gallons
60 Gallons = 25 Cases

1 Vine = 10 Bottles
1.2 Vines = 1 Case
30 Vines = 1 Barrel
400 to 600 Vines = 1 Acre
1 Acre = 5 Tons
5 Tons = 332 Cases
76.5 Vines = 1 Ton
1 Ton = 126 Cases

Event Calendar

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PLEASE Email YOUR photos to Maryann - tophillnews@gmail.com

CHRIS, RELAXING ON THE BIKE RIDE

YOUNG DEER SWIMMING ACROSS RESERVOIR

... AND GETTING OUT

REMEMBER FALL??
ROCKY MOUNTAIN OVER THE HILL GANG
A Section of the Colorado Mountain Club Denver Group

RMOTHG SECTION BOARD

Section Chair                      Kirsten Tollefsen
                                  kmt1950@comcast.net

Section Vice Chair                Scott Kramer
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Secretary & Emergency Contact     Jane VanderKolk
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Treasurer                         Dennis Arndt
                                  dwa2bus1@gmail.com

Members at large                  Vern Bass
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Snowshoeing                       Elaine Kallos
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                                      Jeff Flax
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Cross Country Skiing              Jeff Flax

Biking                           Pete Spandau
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                                      Jeff Flax
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                                      Wayne Tomasello
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Wednesday Hiking                  Martha Mustard
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                                      Jeff Flax
                                  jeff.flax@gmail.com

Social Events                     Ida Sansoucy
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Newsletter                        Maryann Mayer
                                  tophillnews@gmail.com

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DOWNLOAD NEWSLETTER
http://hikingdenver.net
www.rmothg.org/UploadedUserFiles/nlarchive.aspx
http://www.cmc.org/RMOTHG

SEE BOARD MINUTES
http://www.rmothg.org/BoardMinutes.aspx

READ BYLAWS

IN CASE OF A SERIOUS ILLNESS OR DEATH,
please contact Jane VanderKolk to send out a
note to our members from RMOTHG. Her email is
jane.vanderkolk@comcast.net