Women in Jazz:
featuring Ellyn Rucker

Dazzle Jazz Club

Friday March 23 ~ 11:30-1:30

Sign up on the CMC website by March 20

Please join us! 1512 Curtis St Downtown Denver near the Theater District Lite Rail and the Mall Bus ~ 303 839 5100

COME EARLY FOR A TASTY AND VARIED LUNCH MENU STARTING AT 11 AM.

Questions? Ida ~ iderann@q.com

DENVER BOTANIC GARDENS TOUR

SATURDAY, APRIL 21 ~ 10:30 AM

1007 York St, Denver, CO 80206    (720) 865-3500

Meet inside the entrance to the gardens by the gift shop at 10:15 a.m. The tour will be provided by a docent inside the Conservatory so weather won't be a problem. The docent will show us the Conservatory and explain the Garden's activities and the plants we observe. After the tour, an optional lunch is on your own at the Off Shoots Restaurant right by Garden Observatory. Cost $14 for the tour and docent. Members with Garden membership still must pay the $14 docent fee.

Questions? please contact Lou Ann louanndixon@gmail.com. 720-935-5895

DO YOU KNOW A DYNAMIC SPEAKER?

Your input would be great....... We are searching for an informative presenter for our next Annual Meeting.

Got ideas? The event is Sunday, September 16th.

In the past, the guest speaker is given about 45 minutes to present. They get to enjoy a great brunch and are offered an honorarium. The speaker also gets to meet a great group of RMOTHG members.

Please email me if you have a suggestion. Ida Sansoucy, Social Committee, iderann@q.com
Hello fellow RMOTHG friends!

Welcome, February is gone but not without the ground-hog seeing his shadow and per that “accurate” indicator we now get 6 more weeks of winter. YEAH, time for everyone to get out on your favorite trails and slopes!

The New Trip Leader Kick-off Meeting was a great success. Over 50 members attended! First our thanks goes to Kevin Schaal, School Director of the Trip Leader School, for his presentation on the requirements to becoming a CMC/RMOTHG Trip Leader. I would also like to thank our Trip Coordinators who provided detail as to how we plan, execute & support our activities, as well as thanks to those Trip Leaders who gave testimonials on what motivated them to becoming leaders. Congratulations to Lue Fratantuono, Elaine Shirley & Martha Mustard for their work on this meeting, which resulted in the majority of the participants expressing interesting in becoming Trip Leaders! We sincerely appreciate each and everyone who commits to becoming a Trip Leader!

To all RMOTHG members interested in getting started toward Trip Leadership, please note that there are 2 opportunities to take the Wilderness First Aid class coming up on March 18 and 25 (registration is open on CMC.org) and Oct 13 and 20 (registration available in July).

Mark your calendars! CMC’s Mountain Fest will be held this year at the American Mountaineering Center on March 24th from noon to 4 PM. Please stop by our RMOTHG exhibit table to say hello and to see what’s going on in our Section as you explore all the other exhibits that will be there to motivate and promote new skills for mountain adventures through the CMC.

Lastly, please know that your Section’s Board is here for you. We welcome all feedback and ideas you choose to share with any of us!

Kirsten Tollefson
RMOTHG Section Chair

The 2018 RMOTHG Turquoise Lake Campout is scheduled for Monday, August 13, checking out on Thursday, August 16. Plan to join us while we hike, bike, kayak, sightsee, and relax during our annual camping extravaganza outside of Leadville, at Turquoise Lake in the beautiful Pike and San Isabel National Forests.

The cost for this year’s campout will be $47 total per person for 3 nights camping, steak, chicken brats, and all the beer & wine you can drink. The higher cost reflects the fact that the RMOTHG is no longer subsidizing the campout.

More details will be shared in next month's newsletter. Please email me if any questions.

Martha Delporte, Camping Coordinator, sabona51@comcast.net

**SAVE THE DATE!**

**RMOTHG Turquoise Lake Campout**
**August 13-16**

Registration will begin in late April or early May, as soon as you receive your newsletter.
The Trip Leader Initiative event on February 5 was a huge success. There were 49 people in attendance with 28 members interested in learning about becoming leaders. Thanks to Kevin Schaal for his presentation on the process to become a trip leader. And thanks to the Activity Coordinators for their presentations.

If you are interested in becoming a trip leader but could not make it to the meeting, it's not too late. Please feel free to contact any of the committee members for information:

- Lue Fratantuono, fratantu@comcast.net
- Martha Mustard, mustardo3@comcast.net
- Elaine Shirley, elaineshirley@q.com
State Parks offers a discount on annual passes if purchased in quantity. We need only purchase 20 or more passes at one time, for each person to obtain an annual pass for $56.00 (20% discount), instead of $70.00 if purchased individually. I am Kathy Kurtz, RMOTHG member, and will be the point person to collect money, purchase and distribute passes, as I have for the last few years. Please reply SOON!

DROP DEAD DATE for confirming your interest to me by email is MON. APRIL 16. Once I hear from at least 20 people, I will be purchasing quantity passes this year, assuming I receive your checks by April 24. I will email you all to verify the amount.

Process for purchase and receiving – On Tues April 17, I will email everyone who responded to me with their desire to purchase a pass. That message will include my mailing address, information on how to proceed as well as the check amount needed. The amount depends on whether we get over 49 responses, which would reduce the price even more.

Drop dead date for sending me a check for the specified amount is Wed April 25.

Check mailing info. The check needs to be made out to me so that I can deposit the checks and write one check to CO State Parks. You will also need to include a self-addressed stamped envelope, which I will use to mail you your annual pass.

I realize that some of you may be out of town during the week of April 16-25. If you wish, you can mail me a check earlier, address below. In the unlikely event that enough folks who responded don’t send checks, I will mail back everyone’s check in your self-addressed envelope.

NOTE: When purchased in quantity, the date for one year’s use will be the date of the quantity purchase, around April 27, 2018.

NOTE 2: The Parks pass site mentions a $73.00 cost for the annual pass. I called their office about this and they said it only applies to Cherry Creek State Park.

CO Parks and Wildlife website link: http://cpw.state.co.us/buynow/Pages/ParksPassInfo.aspx

Contact info for Kathy Kurtz: kmkurtz47@gmail.com  303-512-3006; 809 Union St., Lakewood, CO 80401.

Annual Picnic ~ Saturday, June 9
Staunton State Park ~ lunch at 12:30

~ in the Ranch Hand Group Picnic Area shelter.
~ a state park pass is required on all vehicles entering the park. The daily fee is $7.00.

Staunton is about 40 miles southwest of downtown Denver, north of US Highway 285, and about six miles west of Conifer. For more information regarding Staunton State Park, see staunton.park@state.co.us or cwp.state.co.us.

MORE INFORMATION & REGISTRATION FOR EVENT WILL BE ON THE CMC WEBSITE SOON.
Snows we’ve hoped for delighted us on February snowshoe trips! We’ll see what March brings as we shoe Spring into our lives. If you haven’t yet joined us, we usually shoe or spike a casual pace accommodating newbies or experienced shoers for about two hours, choose a lovely or handy spot for lunch, return. Optional snack stops afterwards give us extra camaraderie. If you’re not on Jeff’s email list which tells you about the following Wed snowshoe or spike hikes, let him know at Jeff.Flax@gmail.com. Then look for his 5 p.m. Friday emails about those next week trips, follow the CMC links, read the descriptions, and sign up for the trip right for you (Leaders are glad to answer your questions if you call them.). We have fewer offerings in March but leaders add trips when they can and we post them in the weekly email. Come join us to welcome Spring with a snowshoe or spike hike!

**MARCH SCHEDULE**

**Wed, March 7**  - Jim Creek  
- Peaks trail to Rainbow Lake & Beyond  
(Frisco)

**Wed, March 14**  - Bakerville toward Loveland  
- White Ranch  
- Rawhide Loop  
- N. Ten Mile Creek

**March 21**  - Mayflower Gulch  
- Leader’s Choice

**March 28**  - Leader’s Choice  
- Leader’s Choice
We have one RMOTHG cross-country (XC) scheduled trip in March. Please note the trip is tentative and subject to change, particularly due to weather, and road and snow conditions. Additional RMOTHG trips lead by XC certified trip leaders will be offered based on their availability, and will be announced through the XC e-mail list.

The trip scheduled for March is:

**Monday, Mar 5th - XC Ski Peru Creek (Easy III XC), Leader - Jim Stelzig**

Our XC trips often fill up quickly. We suggest still signing up for waitlists as slots may open as trip participants change their plans.

Note that the Bobcats section also offers XC trips throughout the week. You can search for the trips on the CMC calendar. The title of their trips end with a “*“.

RMOTHG XC trips are rated as Easy II and Easy III using the CMC’s trip classification system. These are 4-8 miles with an elevation gain of 500-1,200 feet. Members will need to have XC skills to be able to ski up and down selected trails. Members interested in being notified of RMOTHG XC trips should e-mail jeff.Flax@gmail.com. E-mails will be sent through the RMOTHG XC activity list as trips are scheduled. Please also let Jeff know if you have any questions about RMOTHG XC skiing.

**CPR/AED for Outdoor Recreationists**

**Apr 9 & June 4**

**Sign up for one class only**

The CMC Denver Group’s Wilderness First Aid School (WFA) is offering two separate 2 ½ hour ECSI nationally certified CPR and AED (automated external defibrillator) evening classes at the AMC/CMC, one on Mon, April 9th, and one on Mon, June 4th (take one class only). Both classes are from 6:30 to 9:00. The class also covers how to relieve choking victims.

The class tuition is $20.

(Denver Group leaders can apply for SALT scholarships, which covers the cost of the class — see https://goo.gl/ XuhvKm.) For more information, contact Jeff Flax, Denver Group WFA School Director, at Jeff.Flax@gmail.com.

Registration sign-up is available on the CMC calendar at https://www.cmc.org/Calendar.aspx.

**Event Calendar**

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>MAR 23</td>
<td>DAZZLE JAZZ &amp; LUNCH</td>
</tr>
<tr>
<td>MAR 26</td>
<td>FLY FISHING SCHOOL</td>
</tr>
<tr>
<td>APRIL 9</td>
<td>CPR/AED</td>
</tr>
<tr>
<td>APRIL 11</td>
<td>INTRO TO HIKING SAFETY</td>
</tr>
<tr>
<td>APRIL 21</td>
<td>BOTANIC GARDENS</td>
</tr>
<tr>
<td>APRIL 29</td>
<td>WILDERNESS FIRST AID</td>
</tr>
<tr>
<td>MAY 23</td>
<td>INTRO TO HIKING SAFETY</td>
</tr>
<tr>
<td>JUNE 4</td>
<td>CPR/AED</td>
</tr>
<tr>
<td>JUNE 9</td>
<td>ANNUAL PICNIC</td>
</tr>
<tr>
<td>AUG 13-16</td>
<td>TURQUOISE LAKE CAMPOUT</td>
</tr>
</tbody>
</table>
Introduction to Hiking Safety Seminar

FIVE 2018 SESSIONS, APRIL 11, MAY 23, JUNE 20, JULY 25, SEPTEMBER 19, 6:30 – 9:00 PM

Contact: Art Hogling, director, ahogling@aol.com
Location: AMC, Golden
Fee: CMC member $5, non-member $10
Registration: cmc.org/calendar/classes or membership services at (303) 279-3080

invitation to a CMC seminar on hiking safety.
Learn how to be safe in the backcountry.

Learning how to be safe in the backcountry is a major reason many members join the CMC. So we’ve developed a one-evening seminar especially for new members and others who want to learn the basics of hiking safety.

The Introduction to Hiking Safety seminar will teach you:
• the many aspects of safety you need to be aware of, including subjects such as lightning, avalanche, animal encounters, getting lost (or staying found), cold weather gear, staying warm, hypothermia and cold weather injuries, and being stranded over night,
• how to avoid, how to prepare for, and how to respond to safety challenges,
• an introduction to the extensive program of in-depth, hands-on safety training offered in the CMC Denver Group’s adult education curriculum.

For more information, go to www.hikingdenver.net/schools

Wilderness First Aid One-Day Recertification Course (formerly WFA Refresher)

The CMC Denver Group’s Wilderness First Aid School (WFA) is offering a one-day WFA recertification (formerly WFA Refresher) course on April 29, 2018, at the AMC/CMC. It is limited to participants who have taken the CMC’s ECSI two-day WFA course or the one-day WFA Refresher Course within the past two years. An ECSI WFA two-year certification card is issued upon successful completion of the course. (The certification time period has been changed for 2018). A second recertification class will be offered on November 17, 2018.

The course tuition fee is $75 for CMC members, $55 for Denver Group leaders and senior school instructors.

The course is available to all CMC members, including active Denver leaders through the SALT program (apply at https://goo.gl/DhBZfM) The new 5th Edition of the Textbook will be provided to all students (previous editions are no longer being used).

For more information, contact Jeff Flax, Denver Group WFA School Director, at Jeff.Flax@gmail.com. Registration sign-up is available on the CMC calendar at https://www.cmc.org/Calendar.aspx.
PLEASE Email YOUR photos to Maryann - tophillnews@gmail.com

SNOW ANGEL!

WHY, HELLO ....

GORGEOUS DAY at BUTLER GULCH

MODEL T at FORNEY MUSEUM of TRANSPORTATION
ROCKY MOUNTAIN OVER THE HILL GANG
A Section of the Colorado Mountain Club Denver Group

RMOTHG SECTION BOARD

Section Chair
Kirsten Tollefsen
kmt1950@comcast.net

Section Vice Chair
Scott Kramer
skramer@trinitymgtconsulting.com

Secretary & Emergency Contact
Jane VanderKolk
jane.vanderkolk@comcast.net

Treasurer
Dennis Arndt
dwa2bus1@gmail.com

Members at large
Vern Bass
vernbass03@gmail.com
Diana Bliss
dbliss5030@gmail.com
Joanie Broder
jrb51@comcast.net
Lue Fratantuono
fratantu@comcast.net
Marty Pfefer
inspmarty@aol.com

CMC Denver Council Liaison
Colleen Landy
colleen91050@gmail.com

ACTIVITY COORDINATORS

Membership
Lue Fratantuono
fratantu@comcast.net

Snowshoeing
Elaine Kallos
ekallos11@gmail.com
Jeff Flax
jeff.flax@gmail.com

Cross Country Skiing
Jeff Flax
jeff.flax@gmail.com

Biking
Pete Spandau
pete80007@gmail.com
Jeff Flax
jeff.flax@gmail.com
Wayne Tomasello
wtomasello@comcast.net

Wednesday Hiking
Martha Mustard
mustardo3@comcast.net
Jeff Flax
jeff.flax@gmail.com

Social Events
Ida Sansoucy
iderann@q.com

Newsletter
Maryann Mayer
tophilnews@gmail.com

DOWNLOAD NEWSLETTER
http://hikingdenver.net
www.rmothg.org/UploadedUserFiles_nlarchive.aspx
http://www.cmc.org/RMOTHG

SEE BOARD MINUTES
http://www.rmothg.org/BoardMinutes.aspx

READ BYLAWS

IN CASE OF A SERIOUS ILLNESS OR DEATH,
please contact Jane VanderKolk to send out a
note to our members from RMOTHG. Her email is
jane.vanderkolk@comcast.net