Join us on November 4th for the 106th annual dinner of the Denver Group of the Colorado Mountain Club.

Our Featured Speaker is Loretta McEllhiney, the US Forest Service manager of Colorado’s Fourteener Program.

Loretta designs summit trails and provide the instructions to construction crews for all 14,000-foot peaks in Colorado, about 54 in all. She coordinates with the Colorado Fourteeners Initiative, and believes a good trail is about controlling two unstoppable forces: people flowing up a mountain and water flowing down.

Bring your friends and enjoy a sumptuous dinner catered by Jules Gourmet Catering of Louisville. We will also recognize some outstanding volunteers, our 40 newest 40-year members, and will announce our 2018 Volunteer of the Year.

Sign up at https://www.cmc.org/Calendar/EventDetails.aspx?ID=44170

FRIDAY LUNCH JAZZ JAM
DAZZLE JAZZ CLUB
NOVEMBER 9, 11:30

Jam with RMOTHG friends, Jazz on Friday November 9th. 11:30 am at Dazzle (1512 Curtis, Denver) Music, food, good friends, and conversation – a great way to start the weekend. The website is www.dazzledenver.com or call 303-839-5100 for more information. We have reserved spots for 16 people. There is no charge for the event as you are responsible for your own lunch and beverages. There is no cover charge and food prices are reasonable. Since parking is always difficult in downtown Denver, light rail and busses are very convenient. Please register on the CMC website to confirm your reservation.
NOV 17 IS NATIONAL TAKE A HIKE DAY !!

UPCOMING EVENTS

Are You Interested? Let Us Know!

1~ THE DENVER ART MUSEUM is hosting an exhibit of famed Impressionist painter Monet, with more than 100 paintings spanning Monet's entire career. The exhibit will be open through February 12, and group visits can be scheduled after December 17. Your social committee will let you know as our plans develop.

2~ And right across the street from the Art Museum is THE CELL. The Counterterrorism Education Learning Lab’s (CELL) exhibit is a dynamic, interactive experience that is a great educational tour on the prevention of terrorism. Groups of at least 15 are requested for tours, so we’d like to gauge interest in a visit.

Please send a quick e-mail to Ava Navin (ava.navin481@gmail.com) to confirm your interest in one or both of these tours. Thanks!

Vance’s cabin is near in Leadville, CO just north of Tennessee Pass. It’s a short 3.1 mile snowshoe with an elevation gain of 800’. Mark your calendar and look for upcoming emails about when to sign up.

Your Leaders,

Carole Adler, Frank Burzynski and Ralph Shroba
HOLIDAY PARTY

DECEMBER 9

SIGN UP BY DEC 3

Tis the season! Come join the fun and meet your fellow members!

December 9
CMC Building - 710 10th St, Golden

3pm Drinks and snacks
4pm Pot luck dinner

Please contribute to the potluck according to the first initial of your last name:
A-D Salad
E-K Appetizer (can you bring them by 3PM?)
L-Q Dessert
R-Z Side dish

We provide: napkins, plates, flatware and glasses.

Beverages: We will have wine, beer, water, coffee, tea.

After dinner group activity: Bring a wrapped gift (less than $15) if you want to participate in a gift exchange. (NOT A WHITE ELEPHANT)

Optional Toy Donations to the Action Center’s Santa Shop program: We will collect and deliver to the Action Center. These toys allow parents and guardians to select toys for their children. Gift ideas: remote controlled cars, dolls, action figures, footballs, soccer balls, nail polish kits, arts and craft kits, stuffed animals, infant/toddler toys, bike helmets
(No toy guns please) The toys should be UNWRAPPED but you may donate paper to get the gifts wrapped.

Sign up on the CMC web site by Monday December 3.

VOLUNTEERS NEEDED: 3 turkeys, 3 hams (table ready)
Set up at 2pm
Clean up

Please contact Ida at iderann@q.com for volunteering, questions, suggestions.
I just have to say that autumn on the Front Range this year is mighty fine! Although we had a touch of winter for a few days our blue skies have returned making the orange and yellow foliage brilliant. Also, nice to have a few days to put the yard in order before…yikes…snow shoe or cross-country season!

Ok, it's not quite winter sport season for most of us and that's good as the RMOTHG hikers still have some trails they have been enjoying and the Friday bike riders have also been braving the cooler weather while adding a few more miles to their season.

Your 2019 Board will be meeting on November 5th at the American Mountaineering Center in Golden to begin our new fiscal year serving all of you. The RMOTHG Coordinators for each of our activities will be joining this meeting to discuss a rule adjustment, as well as to take the opportunity to have some open dialog on a variety of subjects, all with the goal of improving our members' experience. I would like to remind each of you that any RMOTHG member is welcome to attend any of our Board meetings, which are held every other month.

In this new year the Board will be analyzing the results of the Membership Survey collected a few months ago. One focus will be to see the viability of adding two new activities to our Section's menu. Down hill skiing and single-track biking were suggested by several of you. There is a lot to consider when possibly adding new activities including fit within the organization (CMC), leadership skills, and the parameters of the activity. This is where you can help us. What would you specifically like to see offered within either of these two potential activities? Do you have any input on structure that you would like to share, if so please contact any one of us on the Board … our contact info is on the last page of this newsletter.

Well, that's a glimpse of what we are doing. I will keep you apprised of the Board’s projects and accomplishments throughout the year.

Let me give a shout-out to Carol Zurcher who just became an official Trip Leader. Congratulations Carol, and thank you for all of your efforts in becoming a CMC Leader!

Wishing you a wonderful Thanksgiving Holiday and I hope to see you at the RMOTHG Holiday Party in December!

Kirsten Tollefsen
RMOTHG Section Chair

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**Event Calendar**

- **NOV 4**: DENVER GROUP ANNUAL DINNER
- **NOV 5**: RMOTHG BOARD MEETING, 1-3 pm
- **NOV 9**: DAZZLE JAZZ
- **NOV 17**: WFA RECERTIFICATION
- **DEC 5**: CPR/AED
- **DEC 9**: HOLIDAY PARTY
Thanks to all our participants and especially to our leaders for a successful hiking season. We had 104 hiking trips ranging from easy A to easy C with a total of 1089 participants. The trips covered 652 miles, with 118,160 feet of elevation gain.

Cheers,
Martha M
RMOTHG Snowshoe Season doesn’t officially start til December, but winter leaders met October 25 to schedule trips for the 2018-2019 season! Though November is a rest month for leaders, if any offer November trips, Jeff will send out a Friday email at 5 pm with link to sign up for them. If you’re not already on the email list for snowshoe/winter hikes and want to be, let Jeff know: Jeff.Flax@gmail.com.

Join RMOTHG snowshoers and winter hikers as we get great exercise in snow on scenic Colorado winter trails! Newbies are welcome, as are experienced shoers when we hike or shoe a casual pace for two hours, find a pleasant lunch spot, and then return with optional stops afterwards for getting more acquainted.

What to do now? Ready your pack for winter, put snow baskets back on your poles, get out your winter gear, visit REI or other sports shops for info on snowshoes and snowshoe rental if you don’t own snowshoes yet, and think snow! Look at spikes, too, since we happily use them for safety and mobility on icy winter hikes. \ Start sending snow thoughts skyward as we want light fluffy stuff soon! See you in December!

-- Your Snowshoe Team
WILDERNESS FIRST AID ONE-DAY RECERTIFICATION COURSE  
(FORMERLY WFA REFRESHER)  
NOVEMBER 17

The CMC Denver Group’s Wilderness First Aid School (WFA) is offering a one-day WFA Recertification (formerly WFA Refresher) course, at the AMC/CMC. It is limited to participants who have taken the CMC’s ECSI two-day WFA course or the one-day WFA Refresher Course within the past two years. An ECSI WFA two-year certification card is issued upon successful completion of the course. (The certification time period has been changed for 2018). For more information on the course, see https://cmcdenver.org/schools-2/wilderness-first-aid

The course tuition fee is $75 for CMC members, $55 for Denver Group leaders and senior school instructors. The course is available to all CMC members, including active Denver leaders through the SALT program (apply at https://goo.gl/DhBZfM) The new 5th Edition of the Textbook will be provided to all students (previous editions are no longer being used.)

For more information contact Jeff Flax, Denver Group WFA School Director, at jeff.Flax@gmail.com. Registration sign-up is available on the CMC calendar at https://www.cmc.org/Calendar.aspx

CPR/AED FOR OUTDOOR RECREATIONISTS  
Dec 5

The CMC Denver Group’s Wilderness First Aid School (WFA) is offering a 2 ½ hour ECSI nationally certified CPR and AED (automated external defibrillator) evening class at the AMC/CMC, on Wednesday, October 3rd and again on Wednesday, December 5th (take one class only). Both classes are from 6:30pm to 9:00pm. The class also covers how to relieve choking victims. The tuition is $20.00.

Registration sign-up is available on the CMC calendar at https://www.cmc.org/Calendar.aspx. For more information about the class, see https://cmcdenver.or/schools-2/wfa-cpraed.

(Denver Group leaders can apply for SALT scholarships, which covers the cost of the class — see https://goo.gl/DhBZfM) For more information, contact Jeff Flax, Denver Group WFA School Director, at jeff.Flax@gmail.com.
PLEASE Email YOUR photos to Maryann - tophillnews@gmail.com

SANDY & HER NEW E-BIKE

FALL & WINTER!
IS MOTHER NATURE CONFUSED?

HAPPY HIKERS
ROCKY MOUNTAIN OVER THE HILL GANG
A Section of the Colorado Mountain Club Denver Group

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IF A FELLOW RMOTHG MEMBER HAS A SERIOUS ILLNESS, INJURY, OR HAS PASSED AWAY, please contact our RMOTHG secretary to send a friendly note to that member/member’s family

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