Keep Calm and Carry On was a motivational poster produced by the British government in 1939 in preparation for World War II. The poster was intended to raise the morale of the British public, threatened with widely predicted mass air attacks on major cities.

Let's think positive, and plan ahead! In the spirit of hope and optimism, we are still listing our upcoming events in this newsletter. As soon as the outbreak subsides and CMC gives the green light, we will resume our fun activities. In the meantime, be well, and enjoy the outdoors any way you safely can.

As you are likely all aware, the CMC has canceled or postponed all trips, events, schools, and gatherings (including the RMOTHG activities.) There are a few trips several months off that are still on the calendar, at least for now, including the 2021 RMOTHG Jay's Hut trip (see elsewhere in this newsletter for more information.) The CMC is in regular contact with trip leaders and event coordinators about the status of our activities. We are all looking forward to resuming our activities once it is safe to do so.

The RMOTHG and CMC have started virtual hikes, happy hours, and other events using Zoom. These are announced through RMOTHG e-mails. The CMC is also starting up an Outdoor Online University. Events and videos will be posted on https://www.cmc.org/ClassesandCourses/OutdoorOnlineUniversity.aspx - look for more to be added weekly.

The CMC also has a very informative webpage dedicated to COVID-19, which includes updated information about the club and its activities during this challenging time. It is posted at https://www.cmc.org/COVID-19andCMCProgramming.aspx

In addition, there is a detailed 3/27/20 update from Keegan Young, CMC Executive Director, posted at https://www.cmc.org/Portals/0/Documents/Recreate%20Responsibly%20message%20from%20Keegan_1.pdf

We encourage members to stay engaged with club and with one another. Please also consider helping support the club by renewing your membership and making any contributions you may be able to make. More information is posted on CMC.org. The CMC has existed for 108 years and we definitely will be around for a lot longer as we all work through these difficult times.
SECTION CHAIR’S MESSAGE

To All:

We all know, this is not the new normal. We are facing a virus that is showing no mercy and testing our ability to react to contain it. I know our group has the fortitude and knowledge to face this challenge head on and do what is needed to beat it.

I know our coordinators, leaders and social committee are ready to get back to our way of life as soon as CMC has provided the direction that it is safe for us to begin getting back to our normal level of activity. We are all ready for that to happen.

Until that time, make sure you take care of yourself. Get out in the fresh air in very small groups, keep social distancing in mind and make sure to keep those hands very clean.

I am looking forward to seeing you soon again on the trail. Please stay safe and well.

Scott Kramer

ATTENTION EVERYONE!

Please be aware that all of the RMOTHG events and trips noted in this Newsletter, as well as the dates associated with them, are “tentative” and provided to you for informational purposes only.

RMOTHG activities will be posted and opened for registration on the CMC.org Calendar at such time as CMC feels it is again safe to allow official CMC activities to resume. We will notify you at that time.

We know that everyone is looking forward to the time we can get back to our “normal” active lives and the enjoyment we have in spending time sharing fun experiences with our friends and families. Our hope is that by providing you with what trips and social events are being planned it will help brighten your day! Hang in there and stay well.
WHY I AM A TRIP LEADER

~ Robert Richardt

Before moving to Colorado two years ago, I was a hike leader for the Appalachian Mountain Club for 15 years. On my first CMC hike, the leaders and the other hikers were very welcoming. I knew then that this was an organization that I wanted to be involved with. With encouragement and support from CMC and other leaders, I fulfilled the requirements and became a hike, snowshoe, and bike leader for RMOTHG.

I find that it’s not safe and less enjoyable to hike and bike alone. Also, hiking and biking are great ways to meet interesting people and make new friends. As a leader, I find that hikers and bikers are very appreciative to be guided through the beauty and challenges that Colorado offers. I’m always thanked at the end of an activity that I lead or co-lead. This gives me satisfaction to know that I’ve brought enjoyment to others.

Being a leader provides me with an opportunity to encourage others into leadership roles, which serves to strengthen our organization and increase the number of activities that are offered. It’s rewarding to participate in new-leader activities, particularly if you are, in part, responsible for someone becoming a leader. Also, I enjoy helping other leaders navigate the challenges that they encounter in planning and leading trips. Finally, as a leader, I can freely ask questions of those who are participating on my activity. As a result, I’ve learned much about bee keeping, Colorado geology, adventure travel, and wild flowers.
Join us for a three day, two night hut trip to Jay's Cabin, part of the Shrine Mountain Inn near Vail Pass.

The trip elevation begins at 10,580' and reaches 11,209' at the cabin. The distance to the cabin is 2.7 miles. There are no avalanche dangers in this area. We will enjoy beautiful views during the day, moon and star-gazing at night, and short day trips on trails adjacent to the cabin.

More information about Jay's Cabin is available at https://www.huts.org/The_Huts/shrine.php.

Trip cost is $114.00.

This trip is jointly sponsored by the Gore Range Group and the RMOTHG section of the Denver Group. Priority will be given to members from those two groups. All others will be waitlisted.

Your leaders are Daniel Schweissing, Barbara Audin, Curt Audin, and Frank Burzynski.

Mark your calendar and look for next week's reminder e-mail to sign up. Registration Opens Monday April 6 at 8am.
DENVER GRAFFITI WINE & WALL TOUR
In Denver’s River North Art District
Thursday JUNE 25

Now this is worth waiting for… we are planning a private 2-hour walking tour of the Rino Art District (River North Art District) led by the Denver Graffiti Tour company (check out denvergraffittitour.com), where we will explore some 25 or so creative Denver murals and street art. We will also learn about the artists who created them, some of whom are local artists, and others who have been sanctioned by the neighborhood and city of Denver.

This tour company’s original Denver mural tour was highlighted in The New York Times and Conde Nast Traveler, and they are one of the top rated tours in the city of Denver, with more than 200 5-star reviews across platforms like Trip Advisor.

The 1.5 mile tour will begin at 1 pm at a Rino District location to be determined. Approximately 45 minutes into the walk we will take a 45 minute break at a local bar for a “no host” beverage, food and conversation stop then we will resume the tour. The total event should end no later than 4 pm leaving you plenty of time to explore this interesting and diverse area (see website rinoartdistrict.org.)

The cost of this tour will be $30 per person payable at registration. Be aware that the deadline for registration and payment will be June 1 for this event. Please understand that deadlines for many of our social events are necessary in order to meet reservation requirements of the venue and if not met we may not be able offer the events.

I am excited for this tour and I hope you will be by signing up as soon as we can open the registration! Any questions please contact: Kirsten Tollefsen at kmt1950@icloud.com.

2 BPX GEAR CHECK EVENTS -CHERRY CREEK STATE PARK
MAY 26-27 (Tue.-Wed.) Arapahoe Group Site, Limit 12 tents,
or MAY 29-30 (Fri.-Sat.), Chief Ouray Group Site, Limit 24 tents
Cost -- $25, when registering, for either event

ANNUAL PICNIC AT STAUNTON PARK
JULY 18

TURQUOISE LAKE CAMPOUT
Aug 10-13
If you told me I would be “leading” hikes from a computer I would have never believed you. First of all, how can you “hike” sitting in front of a computer. Second of all, I’m not very tech savvy!!! Well, desperate times do call for desperate measures.

When I read that CMC has a Zoom account and that we were encouraged to use it to keep in touch with the club I thought, “Why not get everyone together? I am a trip leader after all.” I knew this major disruption in my Wednesday hiking schedule was going to take its toll on me so this would be the next best thing.

Then I remembered that gardeners spend all winter pouring over gardening magazines and seed catalogues and come up with elaborate plans for their future gardens in the summer and this is what keeps them sane. I figured we could do an approximation of this too. We are a pretty chatty bunch - we could do an extended circle time of sorts, or an after hike social … virtually.

I figured we could share photos of previous hikes and chat about outdoorsy things. I was a little nervous at first but then realized I could drag none other than Frank Burzynski into this scheme since he can take a mean photo!!!

Our first “hike” went well with most members being able to click on the Zoom Link without any problems. It was great to see all those familiar faces “Brady Bunch Style” and comment on peoples’ backgrounds, pets and remind one another not to touch our faces!!! As per usual, Frank had a very nice slide show prepared for us. A few more of us successfully shared some photos while others had a tad bit of trouble making their photos enlarge or show up at all. I logged off and felt I had been socializing in person and boy, is that helpful to someone who likes to be out of the house more than in the house!!!

Prior to our second meeting Ron Hileman put together a wonderful tutorial on how to share photos. (see on next page) This was a great help. It is simple, straight to the point, and complete with visuals. Our second “hike’s” theme was travel. It was like night and day compared to the first “hike” the way we all just clicked around like professional Zoomers sharing photos and chatting about our travel experiences. One person wrote to me before the “hike” and commented that it wouldn’t be about hiking. But, of course it was, because let’s face it, what is a vacation like without some hiking!!! Scott Kramer is so coordinated that he was actually “hiking” on his treadmill AND sharing photos at the SAME TIME!!! I don’t think he was chewing gum, however.

If all goes well, I will attempt to lead these “hikes” with different themes every Wednesday. So, look for your email invite a couple of days before hand and sign up for one. We’d love to have you join.

Also, I propose we change the name of our generation from the Boomer Generation to the Zoomer Generation!!!

**VIRTUAL HIKES!**
How to Use ~ How to Share Pictures

- Open the pictures you will share.
- Open your email invitation
- Close all other apps like Word, Xcel, etc. so you don’t accidentally share them!
- Click on the link in the invitation to open Zoom. You can now close your email browser to reduce clutter.
- Zoom Tool bar along the bottom of the window has three icons that we use to get started.

**Mute** – This turns your microphone on and off. Zoom automatically switches the big screen to the person speaking. You should turn Mute on while you are listening so that you don’t get displayed when you cough, shuffle papers, scrape your chair!

**Video** – You can leave this on so your picture will show in the thumbnails showing on everyone’s screen.

**Share Screen** – Click this when it is your turn to share your pictures. Be sure to turn Mute off so people can hear you. The following screen will show.

1 - Click on what you want to share. This will likely be the Pictures you want to share.
2 - Click Share. Everyone will now see your pictures.
3 - When you are finished sharing you “Stop Sharing” by clicking the Stop Sharing icon at the top of your screen. Hint: Mute the microphone if you are listening.

To leave meeting.

Click on the “End Meeting” words on the right end of the tool bar below the screen.
Can you believe a pretty-looking, microscopic virus could hold us all hostage, wreak such loss? Glad many of you snowshoed in February and first part of March with good snow, and are being creative in staying active right now. Thanks to Frank Bursynski and Jeanne Eiss for their Zoom "broadcast" and Jeff Flax for always helping us with computer aspects and helpful emails. Still learning how to Zoom here but sure glad RMOTHG members are so astute about tech! Thinking of all of you as we head into April, not knowing when we'll be back to some semblance of normal and seeing each other again. For now, we wish all of you the best and send BIG air hugs, positive thoughts! We'll keep in touch, encourage laughter and being outside safely, as we all hope for summer hikes and an end to our national nightmare!

~Elaine Kallos
Our first cycling ride in May is scheduled for Waterton Canyon. Hopefully this will go forward ~ we will resume our rides once we get the green light from CMC.

Our regular cycling season is from the first Friday in May through the last Friday in September. Most meeting times are 8:30 am with departure at 9:00 am. The morning rides finish with an optional lunch at a nearby restaurant.

There will be two styles of riding groups: Hares and Terrapins. Hares ride approximately 20 to 30 miles at a speed of 10 to 13 mph. Terrapins ride approximately 15 to 20 miles at a speed less than 10 mph with more stops. Most of our trips are on paved, level bike paths. Sometimes we encounter hills, streets and gravel trails.

The essential items for participating are plenty of water, necessary tools to repair a flat tire (replacement tube for your tire size,) appropriate clothing for changes in the weather, ID and a medical card. Wearing a helmet is mandatory.

If you are interested in riding, please contact Wayne Tomasello by email at bicycling.list@rmothg.org requesting to have your name added to the cycling list. Only RMOTHG members will be added to the list and you’ll receive monthly email reminders to sign up at www.cmc.org once our activities return to normal.

~Wayne Tomasello
THE HISTORY OF TOILET PAPER

With the run on toilet paper that we've had it's nice to learn about its origin. This is a bit of history that will truly make us thankful. We definitely need to thank the Chinese. Sometimes it's good to read something that makes you smile! I know that you have always been curious, so now you'll know.

1. The first recorded use of toilet paper was in 6th Century China.
2. By the 14th Century, the Chinese government was mass-producing it.
4. Joseph Gayety, the man who introduced packaged TP to the U.S., had his name printed on every sheet.
5. Global toilet paper demand uses nearly 30,000 trees every day.
6. That's 10 million trees a year.
7. It wasn't until 1935 that a manufacturer was able to promise Splinter-Free Toilet Paper!
8. Seven percent of Americans admit to stealing rolls of toilet paper from hotels.
9. Americans use an average of 8.6 sheets of toilet paper per trip to the bathroom.
10. The average roll has 333 sheets.
11. Historically, what you use to wipe depended on your income level.
12. In the Middle Ages, they used something called a gompf stick, which was just an actual stick used to scrape.
13. Wealthy Romans used wool soaked in rose water, and French royalty used lace.
14. Other things that were used before toilet paper include hay, corn cobs, sticks, stones, sand, moss, hemp, wool, husks, fruit peels, ferns, sponges, seashells, knotted ropes, and broken pottery (ouch!).
15. 70-75% of the world still doesn't use toilet paper because it is too expensive or there is not sufficient plumbing.
16. In many Western European countries, bidets are seen as more effective and preferable to toilet paper.
17. Colored toilet paper was popular in the U.S. until the 1940s.
18. The reason toilet paper disintegrates so quickly when wet is that the fibers used to make it are very short.
19. On the International Space Station, they still use regular toilet paper, but it has to be sealed in special containers and compressed.
20. During Desert Storm, the U.S. Army used toilet paper to camouflage their tanks.
21. In 1973, Johnny Carson caused a toilet paper shortage. He said as a joke that there was a shortage, which there wasn't, until everyone believed him and ran out to buy up the supply. It took three weeks for some stores to get more stock.
22. There is a contest sponsored by Charmin to design and make wedding dresses out of toilet paper. The winner gets $2,000.
23. There was a toilet paper museum in Wisconsin, The Madison Museum of Bathroom Tissue, but it closed in 2000.
24. The museum once had over 3,000 rolls of TP from places all over the world, including The Guggenheim, Ellis Island, and Graceland.
25. There is still a virtual toilet paper museum called Nobody's Perfect.
26. In 1996, President Clinton passed a Toilet Paper Tax of 6 cents per roll which is still in effect today.
27. The Pentagon uses over 600 rolls of toilet paper per day.
28. The most expensive toilet paper in the world is the Portuguese brand, Renova.
29. Renova is three-ply, perfumed, costs $3 per roll, and comes in several colors including black, red, blue, and green.
30. The CEO of Renova came up with the idea for black toilet paper while he was at a Cirque du Soleil show.
31. Beyoncé uses only red Renova toilet paper.
32. Kris Jenner uses only the black Renova toilet paper.
33. If you hang your toilet paper so you can pull it from the bottom, you're considered more intelligent than someone who pulls it from the top. (Wonder how this was determined?)
34. Koji Suzuki, a Japanese horror novelist best known for writing The Ring, had an entire novel printed on a single roll of toilet paper. The novel takes place in a public bathroom, and the entire story runs approximately three feet long.
35. When asked what necessity they would bring to a desert island, 49% of people said toilet paper before food.
36. Queen Elizabeth II wipes her royal bottom with silk handkerchiefs. Wonder if the royal chambermaid gets to wash those?? Yeah, sure wouldn't want that job!
37. Muslims wipe their bums with their bare hand--- always the left hand. They eat with their right hand. If you are caught shop-lifting, your right hand is cut off, forcing you to eat with your poopy left hand. Yeeeee echdt!
38. This history was sent to you using my right hand.
CO State Parks Annual Passes—Quantity Discount Price

CO State Parks offers a discount on annual passes when purchased in quantity. The discounted price this year is $56 (30% off). Individual passes are normally $80. I am Kathy Kurtz, RMOTHG member, and am the point person to collect money, purchase, and distribute passes for RMOTHG members. To order a pass or for questions, contact me at: kmkurtzcoparkspass@gmail.com or 303-512-3006.

**Parks Passes must be ordered by Monday April 13, 2020** via the preceding email address.

If you are a Bobcat, Jan Brady is collecting Parks pass orders and checks for Bobcats. Jan’s contact information is marian56@msn.com and 720-394-2133. Look for a Bobcat notice in March w/Parks pass ordering information.

**IMPORTANT CHANGES FROM 2019 PROCEDURE**

- **Simplified Process for 2020:** we no longer need your license plate numbers. I will buy X number of vouchers to be individually redeemed by you at any State Park for the usual Parks pass sticker. At that time, a CO Parks officer will request your license plate number and any other required information.
- **Details regarding vouchers:**
  - Vouchers are non-refundable and *can’t be replaced if lost*.
  - Vouchers expire at the end of the month a year from the date of purchase. *Our vouchers will expire April 30, 2021.*
  - The pass for which the voucher is exchanged is valid until the end of the month a year after its redemption. For example: If a voucher was purchased on 4/3/20, but not redeemed until 10/14/20, the pass is valid until 10/31/21.
- **Replacing pass(es):** After exchanging your voucher for a pass, it is possible to replace your pass if it is lost for a $5.00 fee. Any Parks office can assist you with replacing a pass.
- **SASE or pick up at CMC office:** Should you be concerned that the United States Postal Service (USPS) may lose your voucher (which can’t be replaced if lost), you may instead elect to pick up your voucher(s) at the CMC office this year. The front office folks have graciously agreed to make this possible!
  - Let me know when you mail me your check, if you choose to pick it up at the office.
  - **NOTE:** If the CMC office is still indefinitely closed at the time of voucher pickup (~April 24), I will email you with additional instructions regarding that scenario.

**Multiple Vehicle Passes** Some of you have inquired about obtaining a 2nd pass for an additional vehicle in your household. We cannot do that thru the bulk pass purchase. Here is info for how to get a $40 Multiple Vehicle Pass. After purchase of your discounted pass, vehicles in the same household are eligible for a discounted multiple pass for $40. Multiple passes are not available online but can be purchased at any State Park or any CO Parks and Wildlife office.

**2020 cost of Discounted Passes is $56.**

**Check mailing process:** I must receive your check, along w/ a self-addressed stamped envelope (SASE), by Tuesday April 21, 2020.

The **checks must be made out to me,** Kathy Kurtz, as CO Parks will only take one check for bulk pass purchases.

My mailing address is 809 Union St., Lakewood, CO 80401-4474.

**NOTE:** When you send your check, please indicate if you are choosing to pick up your voucher at the CMC office: American Mountaineering Center, 710 10th St. Golden, CO 80401 or you would like it mailed to you via a SASE that you provide when you send the check.

**Bobcats’ checks** must be mailed to Jan Brady at 5686 South Havana Court, Englewood, CO 80111.

If **you will be out of town** during the weeks of April 5 and/or April 12, feel free to mail a check earlier. I must have your check when I buy the vouchers. Kindly email me if you will be out of town and will be sending a check early so I can watch for it.

For additional information, the CO Parks and Wildlife website link to the CO Parks passes info: [https://cpw.state.co.us/buyapply/Pages/ParksPassInfo.aspx](https://cpw.state.co.us/buyapply/Pages/ParksPassInfo.aspx)
IF YOU’VE GOT QUESTIONS…WE’VE GOT ANSWERS…

This month, Wayne Tomasello, bicycle group coordinator, responds to my question regarding e-bikes.

Q: What are the RMOTHG policies regarding e-bikes on our group rides?

A: The RMOTHG bike group has several e-bike riders and one of our bike leaders uses an e-bike. It is important to note, however, that the class of e-bike you ride might not be “path legal” for a particular ride.

RMOTHG follows the Colorado rules for e-bikes, which fall into 3 classes:

• Class 1 is a pedal assist with a limit of 20 miles per hour. That means the pedals must be moving in order for the electric motor to help.
• Class 2 is a throttled e-bike with no pedal movement required.
• Class 3 is a pedal assist with a limit of 30 miles per hour.

The state of Colorado allows Class 1 and Class 2 e-bike use on bike or pedestrian paths; Class 3 e-bikes must use streets or roads.

In addition, cities and counties may have different rules. For example, Summit County allows only Class 1 e-bikes on its recreational paths and all e-bikes are currently prohibited on the Frisco-Breckenridge bike path.

We hope to see you on a ride soon!

RMOTHG By-Laws Update

On November 11, 2019, the RMOTHG Section Board voted to create a Communications Officer position. As stated in the by-laws, the duties of the Communications Officer are “to facilitate effective and timely communication from, to and on behalf of the Section Board, as directed by the Section Board from time to time. Such communication duties may include, but shall not be limited to: coordinating the distribution of revisions/amendments of the Section’s policies or practices or other notifications from the Section Board to all appropriate parties; coordinate Section representation in support of events that help promote and enhance the Section; and coordinate or assist with written materials required to support publications or events supporting the Section, Section activities/events, the Group or Club.”

In practice, the Communications Officer is responsible for:

• coordinating representation of our section at the Denver group’s monthly New and Prospective Member meetings as well as other events such as Mountain Fest,
• updating, as needed, the New Member newsletter that is handed out at the New and Prospective Member meetings,
• soliciting and submitting articles to our monthly Hill Topics newsletter that answer questions from members, introduce new trip leaders, and communicate changes to RMOTHG policies, and
• sending a formal welcome letter to new trip leaders each month.
DENVER  (all bold titles are live links)

COMMUNITY SUPPORT: VOLUNTEER AND DONATE

Operation Family Meal
Operation Family Meal supports laid-off service industry workers affected by COVID-19 restaurant closures. Monetary donations support free meals and therapy sessions. Donations of supplies and food are also appreciated.

Denver Metro Emergency Food Network
The Denver Metro Emergency Food Network has pledged to cook and deliver meals to low income families and the elderly in need. Your support means additional meals for those whose food security has been threatened by the COVID-19 outbreak.

Help Colorado Now
Help Colorado Now supports those who are at high risk for COVID-19 across the state. In addition to support through donations of money and supplies, they seek volunteers for a variety of roles, some of which can be done remotely, through the internet.

The Denver Foundation Critical Needs Fund
The Critical Needs Fund grants COVID-19 emergency money to high-impact Denver nonprofits. They partner with organizations focused on homelessness, home insecurity, healthcare, food insecurity and basic family needs.

SciStarter
Volunteer with citizen science based projects, many of which can be done entirely online. With a wide range of topics, you can work on a project that matters to you.

JUST FOR FUN


MUSIC


ART, CULTURE AND MEDIA

At the Movies. Denver Film, stream new releases at home. Anytime. $12 rental.


CMC All films are now available for CMC members:

Backcountry Film Festival. Click here to get the link and donate as you wish!

Banff Mountain Film Festival. Throw us a donation of appreciation and learn more here.

And check out the many more virtual events on the CMC calendar!

PHOTOS // FRANK B

The greatest hits of this past winter season in a short slideshow set to music:

AND MORE THINGS TO DO

HUMOR
How they managed in Wuhan (from Chinese social media feed)  https://youtu.be/dQQnH-A0fug

GORGEOUS LIVE MUSIC
https://www.westword.com/music/colorado-symphony-plays-beethovens-ode-to-joy-online-while-social-distancing-11671859
https://www.youtube.com/watch?v=t5AyGvJcyoU (What the world needs now is love, Broadway for Orlando)

CULTURE
https://www.newyorker.com/books/page-turner/the-national-emergency-library-is-a-gift-to-readers-everywhere

THE NATIONAL EMERGENCY LIBRARY Is a Gift to Readers Everywhere | The New Yorker
This week the Internet Archive, in San Francisco, announced—and, in the blink of an eye, opened—the National Emergency Library, a digital collection of 1.4 million books. Until June 30th, or the end of the national emergency in the United States ("whichever is later"), anyone, anywhere in the world, can check books out of this library—for free.

EXPLORE MUSEUMS Museums are closing their doors amid the coronavirus crisis, but many offer digital exhibitions visitors can browse from the comfort of home.

MINNEAPOLIS INSTITUTE OF ART https://new.artsmia.org/art-artists/explore/
NATIONAL WOMEN'S HISTORY MUSEUM https://www.womenshistory.org/womens-history/online-exhibits
UFFIZI GALLERIES IN FLORENCE https://artsandculture.google.com/partner/uffizi-gallery
METROPOLITAN MUSEUM OF ART https://artsandculture.google.com/partner/the-metropolitan-museum-of-art

AND GOOGLE ARTS & CULTURE for more https://artsandculture.google.com
# RMOTHG SECTION BOARD

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Section Chair</td>
<td>Scott Kramer</td>
<td><a href="mailto:skramer1016@gmail.com">skramer1016@gmail.com</a></td>
</tr>
<tr>
<td>Section Vice Chair</td>
<td>Deborah Richards</td>
<td><a href="mailto:rdrichardt@msn.com">rdrichardt@msn.com</a></td>
</tr>
<tr>
<td>Secretary &amp; Emergency Contact</td>
<td>Carol Zurcher</td>
<td><a href="mailto:carolz80239@gmail.com">carolz80239@gmail.com</a></td>
</tr>
<tr>
<td>Treasurer</td>
<td>Dennis Arndt</td>
<td><a href="mailto:dwa2bus1@gmail.com">dwa2bus1@gmail.com</a></td>
</tr>
<tr>
<td>Communication Director</td>
<td>Janice Johnson</td>
<td><a href="mailto:jajohnson1952@gmail.com">jajohnson1952@gmail.com</a></td>
</tr>
<tr>
<td>Members at large</td>
<td>Carol Wier</td>
<td><a href="mailto:carolwier365@gmail.com">carolwier365@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td>Marty Pfefer</td>
<td><a href="mailto:inspmarty@aol.com">inspmarty@aol.com</a></td>
</tr>
<tr>
<td></td>
<td>Kirsten Tollefson</td>
<td><a href="mailto:kmt1950@icloud.com">kmt1950@icloud.com</a></td>
</tr>
<tr>
<td>CMC Denver Council Liaison</td>
<td>Kathy Kurtz</td>
<td><a href="mailto:kmkurtz47@gmail.com">kmkurtz47@gmail.com</a></td>
</tr>
</tbody>
</table>

# ACTIVITY COORDINATORS

<table>
<thead>
<tr>
<th>Activity</th>
<th>Membership</th>
<th>Snowshoeing</th>
<th>Cross Country Skiing</th>
<th>Biking</th>
<th>Hiking</th>
<th>Social Events</th>
<th>Newsletter</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Lue Fratantuono</td>
<td>Elaine Kallos</td>
<td>Jeff Flax</td>
<td>Jeff Flax</td>
<td>Wayne Tomasello</td>
<td>Martha Mustard</td>
<td>Maryann Mayer</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:fratantu@comcast.net">fratantu@comcast.net</a></td>
<td><a href="mailto:ekallos11@gmail.com">ekallos11@gmail.com</a></td>
<td><a href="mailto:jeff.flax@gmail.com">jeff.flax@gmail.com</a></td>
<td><a href="mailto:jeff.flax@gmail.com">jeff.flax@gmail.com</a></td>
<td><a href="mailto:wtomasello@outlook.com">wtomasello@outlook.com</a></td>
<td><a href="mailto:mustardo3@comcast.net">mustardo3@comcast.net</a></td>
<td><a href="mailto:tophilinews@gmail.com">tophilinews@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

# RMOTHG SECTION BOARD

**Section Chair**
Scott Kramer
skramer1016@gmail.com

**Section Vice Chair**
Deborah Richards
rdrichardt@msn.com

**Secretary & Emergency Contact**
Carol Zurcher
carolz80239@gmail.com

**Treasurer**
Dennis Arndt
dwa2bus1@gmail.com

**Communication Director**
Janice Johnson
jajohnson1952@gmail.com

**Members at large**
Carol Wier
carolwier365@gmail.com
Marty Pfefer
inspmarty@aol.com
Kirsten Tollefson
kmt1950@icloud.com

**CMC Denver Council Liaison**
Kathy Kurtz
kmkurtz47@gmail.com

**ROCKY MOUNTAIN OVER THE HILL GANG**
A Section of the Colorado Mountain Club Denver Group

**Activity Coordinators**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Membership</th>
<th>Snowshoeing</th>
<th>Cross Country Skiing</th>
<th>Biking</th>
<th>Hiking</th>
<th>Social Events</th>
<th>Newsletter</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Lue Fratantuono</td>
<td>Elaine Kallos</td>
<td>Jeff Flax</td>
<td>Jeff Flax</td>
<td>Wayne Tomasello</td>
<td>Martha Mustard</td>
<td>Maryann Mayer</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:fratantu@comcast.net">fratantu@comcast.net</a></td>
<td><a href="mailto:ekallos11@gmail.com">ekallos11@gmail.com</a></td>
<td><a href="mailto:jeff.flax@gmail.com">jeff.flax@gmail.com</a></td>
<td><a href="mailto:jeff.flax@gmail.com">jeff.flax@gmail.com</a></td>
<td><a href="mailto:wtomasello@outlook.com">wtomasello@outlook.com</a></td>
<td><a href="mailto:mustardo3@comcast.net">mustardo3@comcast.net</a></td>
<td><a href="mailto:tophilinews@gmail.com">tophilinews@gmail.com</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Download Newsletter**
CMCDenver.org newsletter
CMC.org RMOTHG

**See Board Minutes**
CMCDenver.org board minutes

**Read Bylaws**
CMCDenver.org bylaws

**If a fellow RMOTHG member has a serious illness, injury, or has passed away,**
please contact our RMOTHG secretary to send a friendly note to that member/member’s family.