Self-Arrest Seminar for Bobcat Leaders

Have you ever found yourself needing to traverse a steep snowfield to reach your destination but lacked the necessary skills? Or do you want to enhance your own ability to lead a Bobcat trip by learning the proper techniques to avoid an accident? Then this seminar is for you.

The seminar will occur on February 24th or, if necessary, later. The seminar will focus on screening trip participants, potential trip leader liability, and social fund. Covid-19 precautions will be implemented.

The seminar will be limited to no more than 15 participants. A $10 fee per person (non-members) will be collected at the event. A $10 fee per person (members) will be collected at the event.

If interested, please email cmcbobcatnews@gmail.com for more information.

Bobcat Trips (Late February and March)

<table>
<thead>
<tr>
<th>Day</th>
<th>Trip Name</th>
<th>Difficulty</th>
<th>Distance</th>
<th>Elevation Gain</th>
<th>Start Time</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>Bobcat Newsletter</td>
<td>Moderate</td>
<td>20 miles</td>
<td>3500'</td>
<td>7:00am</td>
<td></td>
</tr>
<tr>
<td>Tues</td>
<td>Hesse trailhead*</td>
<td>Moderate</td>
<td>12 miles</td>
<td>2000'</td>
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<td></td>
</tr>
<tr>
<td>Wed</td>
<td>Snowshoe, Difficult</td>
<td>Difficult</td>
<td>6 miles</td>
<td>1500'</td>
<td>7:00am</td>
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</tr>
<tr>
<td>Thurs</td>
<td>Winter Festive</td>
<td>Moderate</td>
<td>12 miles</td>
<td>1960'</td>
<td>7:00am</td>
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</tr>
<tr>
<td>Fri</td>
<td>Buchanan Pass Trail Loop *</td>
<td>Moderate</td>
<td>5 miles</td>
<td>1400'</td>
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</tr>
<tr>
<td>Sat</td>
<td>Red Elephant Hill 10316'</td>
<td>Difficult</td>
<td>3 miles</td>
<td>2800'</td>
<td>7:00am</td>
<td></td>
</tr>
<tr>
<td>Sun</td>
<td>Democrat Mountain 11481'</td>
<td>Difficult</td>
<td>3 miles</td>
<td>3000'</td>
<td>7:00am</td>
<td></td>
</tr>
</tbody>
</table>

For those of you who would like to attend a seminar and learn about self-arrest techniques, we recommend enrolling in the course offered by the CMC on March 24th. The course will focus on screening trip participants, potential trip leader liability, and adhered to.

In addition to being a Bobcat leader, an additional prerequisite will require that you own, not borrow, an ice axe and helmet. Why? Because if you do not own your own equipment the chances of you not having it available are likely. With that said it is always important that you, as the trip leader, know how to use it as well.

In addition to being a Bobcat trip leader, an additional prerequisite will require that you own, not borrow, an ice axe. There will also be an end-of-day discussion on screening trip participants, potential trip leader liability, and how to manage an accident.

For those of you that would like to refresh your self-arrest skills, here is an opportunity. If you are a Bobcat trip leader and would like to enhance your comfort zone when leading some of the more “involved” trips, this one-day leading seminar for Bobcat Leaders may be for you.

We have 854 Bobcats at this time. For those of you that would like to attend a seminar and learn about self-arrest techniques, we recommend enrolling in the course offered by the CMC on March 24th. The course will focus on screening trip participants, potential trip leader liability, and adhered to.

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Bobcat Newsletter

17 February 2021

Rich McAdams