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See ya' on the trails, breath.

**Backpacker's tips for sleeping warmer in this issue.**

Bob & Bobbi,

I love backpacking except at night. What can I do to keep from getting cold?

For tips on staying warm, we like to use the acronym **SP**

- **S** (sleeping bag) Make sure it is rated 10-20 degrees below the lowest night temperature expected during your adventures.

- **P** (footwear) Wear appropriate footwear for the terrain and weather conditions.

- **2** (two layers) Use two layers of clothing to trap warm air and provide insulation.

For more information on sleeping warmer, visit our website.

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Support CMC today and help. Will you help us weather this storm?

Now we are in a new storm - the novel Coronavirus Pandemic. And we need your support to help us weather this storm.

—two world wars, Spanish Flu, the Great Depression, the Vietnam War, the Cold War. These events were separated by decades, but they had something in common: the CMC survived each of them because of our dedicated community.

In the 108 years since its founding, the CMC has weathered some serious storms — two world wars, Spanish Flu, the Great Depression, the Vietnam War, the Cold War. These events were separated by decades, but they had something in common: the CMC survived each of them because of our dedicated community.

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