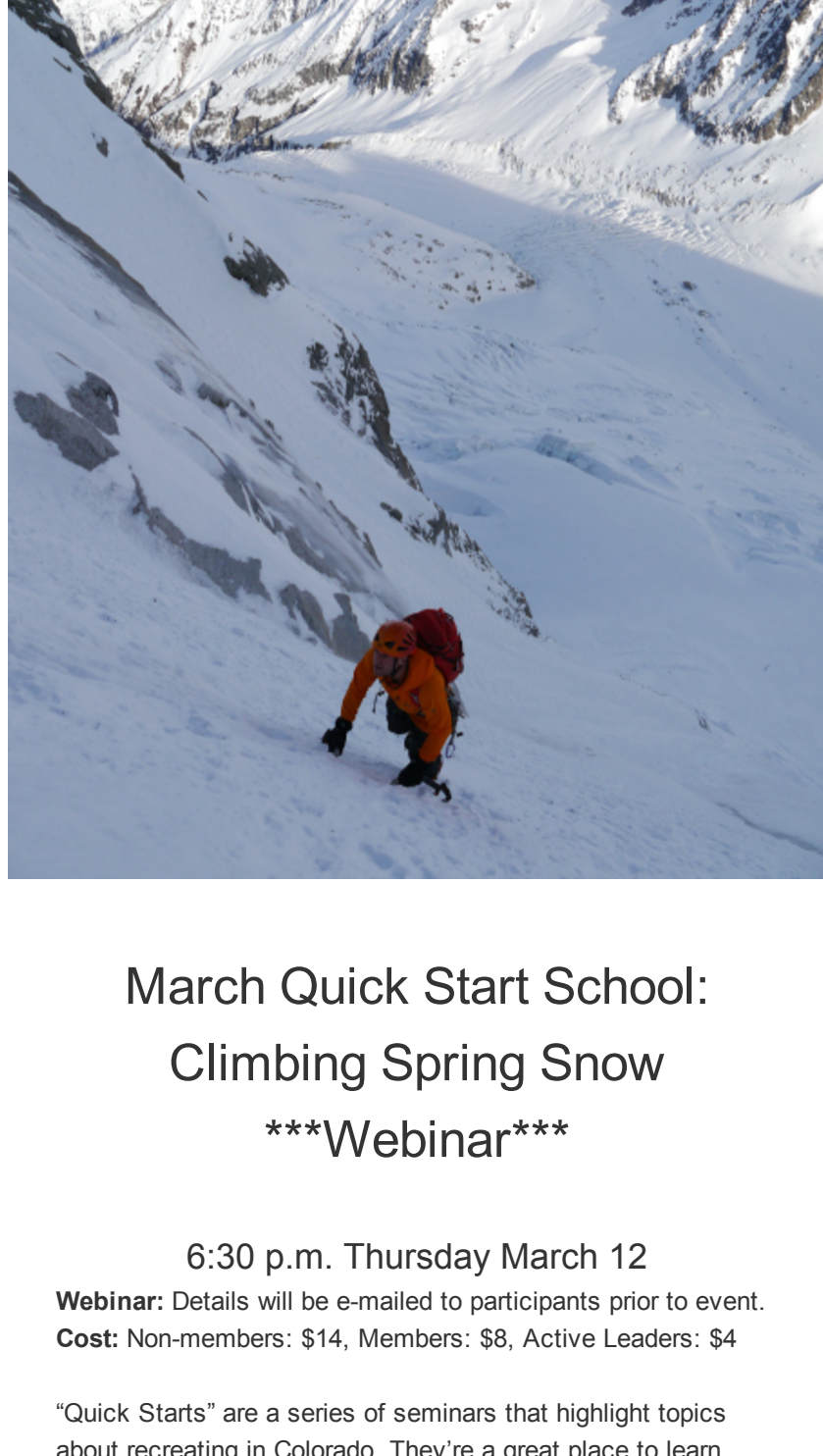




MILE HIGH MOUNTAINEER

February 2020



March Quick Start School: Climbing Spring Snow

Webinar

6:30 p.m. Thursday March 12

Webinar: Details will be e-mailed to participants prior to event.
Cost: Non-members: \$14, Members: \$8, Active Leaders: \$4

"Quick Starts" are a series of seminars that highlight topics about recreating in Colorado. They're a great place to learn something new or refresh something familiar!

Couloir climbing season is upon us—come and learn about spring snow climbs, from the comfort of your home. This lecture will be present via webinar.

Colorado's mountains are full of couloirs — steep, narrow valleys of snow between rock cliffs — that ripen for climbing every spring. They're the perfect place to learn and hone true mountaineering skills, including using technical gear such as ice axes and crampons. Join Colorado Mountain Club Trailblazer Trip Leader Jeff Golden for an evening discussion on favorite routes, modern gear and techniques, snow safety, and other snippets for snow climbing.

(NOTE: This is a general overview to the topic and not a replacement for learning skills in other CMC classes such as Basic Mountaineering School and High Altitude Mountaineering School.)

Register

BPX Season KickOff

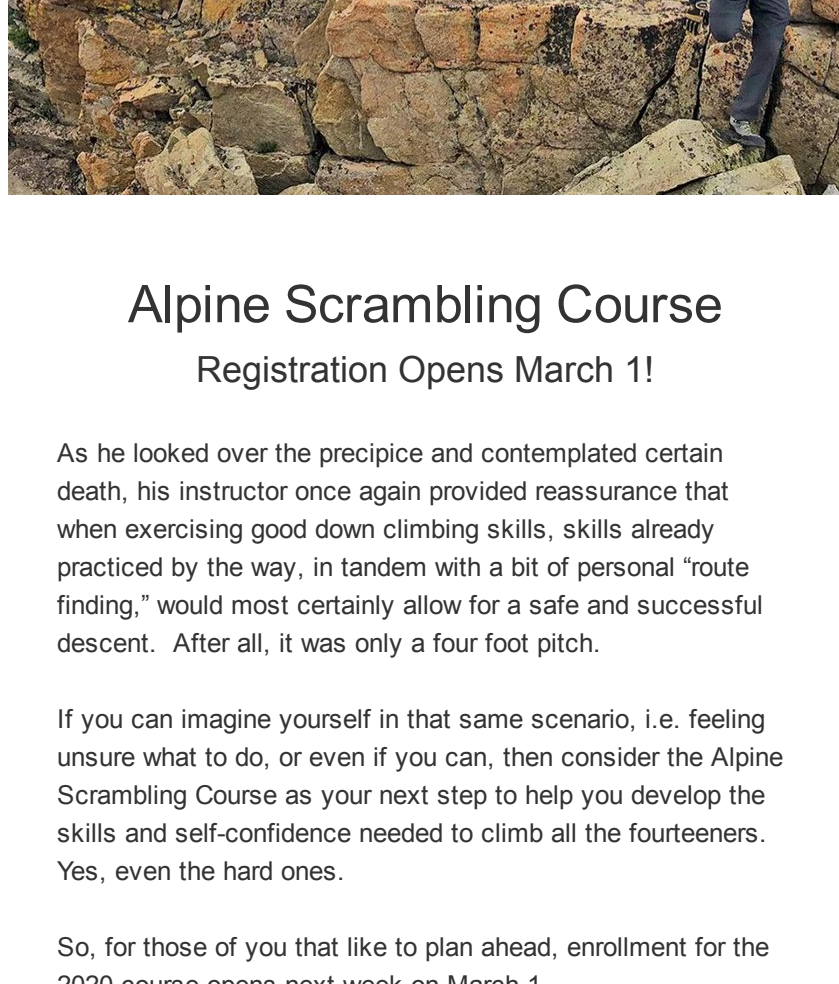
March 18th, 5:30 - 8:30 pm

American Mountaineering Center, Golden

BPX Members will be able to:

- Register for backpacking trips of their choice from one night to seven night trips, from three miles round trip to forty-five miles round trip Meet BPX Trip Leaders
- Hear short, personal presentations on "How to Stay Warm & Dry", "Food Choices", "Sanitation" - all while Backpacking
- Vendors Present: MountainSide Gear Rental and Lowe Boots
- Prize drawings for Denver Backpacking School free tuition, Three \$75 gift certificates, Four Certificates for BPX Gear Check Events in May and June.
- Pizza, Salad, Beer, Wine provided

Register



Alpine Scrambling Course

Registration Opens March 1!

As he looked over the precipice and contemplated certain death, his instructor once again provided reassurance that when exercising good down climbing skills, skills already practiced by the way, in tandem with a bit of personal "route finding," would most certainly allow for a safe and successful descent. After all, it was only a four foot pitch.

If you can imagine yourself in that same scenario, i.e. feeling unsure what to do, or even if you can, then consider the Alpine Scrambling Course as your next step to help you develop the skills and self-confidence needed to climb all the fourteens. Yes, even the hard ones.

So, for those of you that like to plan ahead, enrollment for the 2020 course opens next week on March 1.

Details

Intro to Hiking Safety

2020 Registration Open

Contact: Art Hogling, director, ahogling@aol.com
Location: AMC, Golden
Start Dates: 3/24, 5/5, 6/23, 7/21, 9/1
Fee: CMC member \$10, non-member \$15

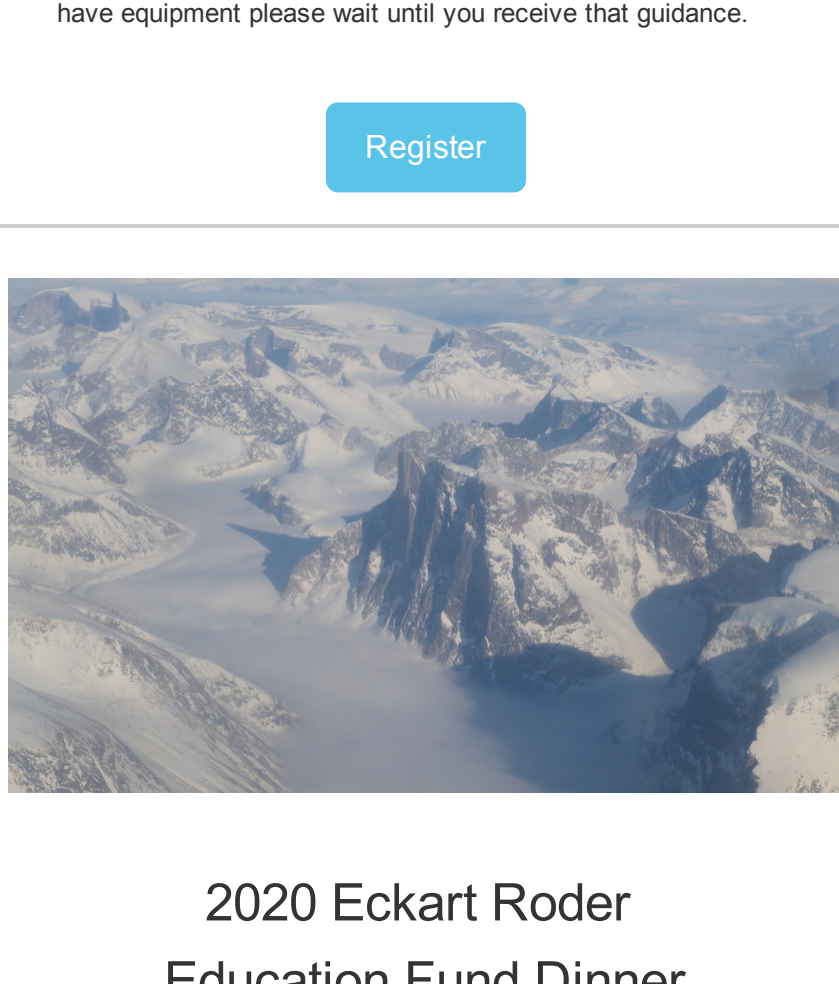
Learning how to be safe in the backcountry is a major reason many members join the CMC. So we've developed a one-evening seminar especially for new members who want to learn the basics of hiking safety. We teach you:

-The many aspects of safety to be aware of, such as lightning, avalanche, animal encounters, getting lost (or staying found) and being stranded overnight

-How to avoid, how to prepare for, and how to respond to safety challenges

-An introduction to the extensive program of in-depth, hands-on safety training offered in the Denver Group adult education curriculum.

Details



Fly Fishing School 2020

If you have ever wanted to learn to fly fish or improve your existing skills, this school is for you. Designed for both beginning and novice anglers the CMC Fly Fishing School has a long history and reputation for quality and cost-effective fly-fishing instruction. Our instructors help students learn in the classroom as well as on the water. Instructors teach students about fly fishing equipment, casting, knots, flies, fish behavior, wading safety and more! Completion of this school (or similar fly fishing experience) is required for the Denver Group's Fly Fishing section trips.

Class Schedule:

Class #1 Tuesday March 24, 6:30 p.m. to 9:15 p.m.

Class #2 Tuesday March 31, 6:30 p.m. to 9:15 p.m.

Tentative Field Days:

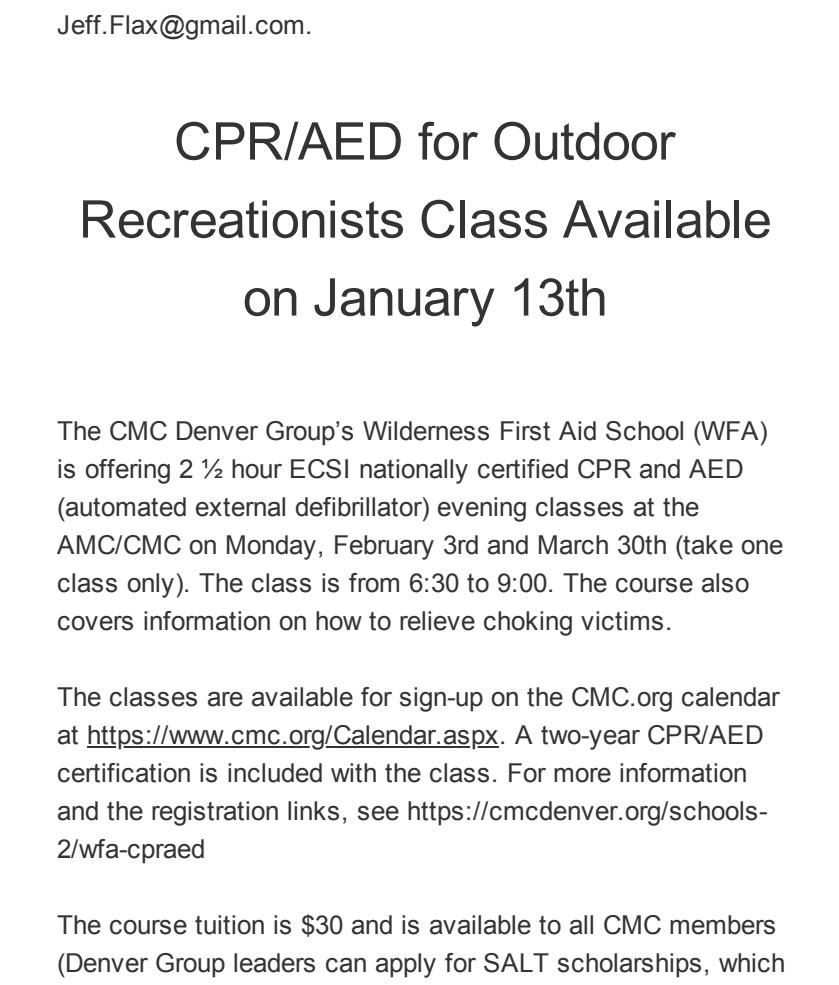
Saturday, April 4 — 8:30 a.m. to 2:30 p.m. at Pine Valley Ranch.

Saturday, April 11 — 8:30 a.m. to 2:30 p.m. at Pine Valley Ranch.

Saturday, April 18 — Senior instructors will arrange a location along the Front Range.

Fees and information: Tuition is \$210.00, students will receive a 90-page fly fishing handbook, 30 assorted flies, many fly fishing accessories, a value of \$100! You will need a 5-weight fly rod, reel, floating fly line, chest waders and wading belt, wading boots and a valid Colorado fishing license before the first field day, Saturday April 4. We will provide guidance on equipment purchases in the classroom, so if you don't already have equipment please wait until you receive that guidance.

Register



2020 Eckart Roder Education Fund Dinner

SAVE THE DATE – THURSDAY, APRIL 23

Enjoy an evening with CMC friends while supporting important CMC education programs! Bring a dish to share and continue to build Eckart Roder's legacy through the Club's Education Fund. The dinner price of \$15 is a tax-deductible contribution to the Eckart Roder Education Fund. Additional gifts are welcome.

This year's dinner will include another exceptional program: One of our Club's own world-class climbers and long-time dedicated volunteer, Gary Neptune, will present a slide show of his latest adventure - a ski crossing of Canada's Baffin Island. Gary is the founder of Neptune Mountaineering in Boulder and a veteran of numerous climbs, ski races, and ski tours worldwide. Gary, his wife Bibi and John Huston made the 100+ mile crossing above the Arctic Circle in April, 2019. Their ski route past Mt. Thor and Mt. Asgard is said to be the most beautiful ski tour in the world.

Eckart was a long time, tireless volunteer for the Colorado Mountain Club until his tragic death in a ski lift accident in 2003. The Education Fund was started to honor and remember Eckart the man, the person we climbed with and loved. Since 2004, the fund has awarded grants to help the Denver, Boulder, Pikes Peak, Fort Collins and El Pueblo groups with worthwhile education projects. These have included advanced training for leaders in climbing and skiing, risk management, team building, training in avalanche awareness and preparedness, and other important education efforts.

Tickets

Wilderness First Aid Course (WFA)

The CMC Denver Group's Wilderness First Aid School (WFA) is offering a two-day course on March 15 and 22, 2020. The course is open for registration on the CMC calendar at <https://www.cmc.org/Calendar.aspx>. An ECSI WFA two-year certification is issued upon successful completion of the course. (The certification time period changed in 2018.) The 2020 course tuition for the two-day class \$125 and is available to all CMC members. (Denver Group leaders can apply for SALT scholarships, which covers the cost of the class — see <https://goo.gl/DhRZfM>).

A one-day WFA Refresher (WFAR) course is being offered on May 17, 2020. This course is limited to members who have taken WFA or WFAR within that past 27 months. The tuition is \$115 - SALT scholarships are also available for this class.

Additional two-day WFA and one-day WFA refresher courses will be offered in 2020.

Contact Jeff Flax, Denver Group WFA School Director, for more information about the WFA courses — Jeff.Flax@gmail.com.

CPR/AED for Outdoor Recreationists Class Available on January 13th

The CMC Denver Group's Wilderness First Aid School (WFA) is offering 2 ½ hour ECSI nationally certified CPR and AED (automated external defibrillator) evening classes at the AMC/CMC on Monday, February 3rd and March 30th (take one class only). The class is from 6:30 to 9:00. The course also covers information on how to relieve choking victims.

The classes are available for sign-up on the CMC.org calendar at <https://www.cmc.org/Calendar.aspx>. A two-year CPR/AED certification is included with the class. For more information and the registration links, see <https://cmcdenver.org/schools-2/wfa-cpraed>

The course tuition is \$30 and is available to all CMC members (Denver Group leaders can apply for SALT scholarships, which covers the cost of the class — see <https://goo.gl/DhRZfM>).

For more information, contact Jeff Flax, Denver Group WFA School Director, at Jeff.Flax@gmail.com.

Wilderness First Aid

CPR/AED

Denver Group Contacts

COUNCIL

Denver Group Council
Meets Monthly, 2nd Wednesday

COMMITTEES

[Safety and Leadership Committee](#)

[Schools Committee](#)

[Conservation Committee](#)

[Trails Committee](#)

[Member Initiatives Committee](#)

SECTIONS

[Backpacking](#)

[Bobcats](#)

[Fly Fishing](#)

[Over the Hill Gang](#)

[Photography](#)

[Trailblazers](#)

CMC Structure (Graph)

Denver Group Organizational Chart

CMC Staff Organizational Chart

Celebrate Women's Month with the CMC!

March is Women's History Month, and we're hosting hikes, happy hours, and events all month long to celebrate.

Details

Female Climbing Mentors Needed

As part of Women's month, we are hosting a Womentor Family Climb Night on March 6th from 3:30-7:30pm, empowering young girls. We're looking for awesome female mentors who would like to participate in the event to help relay, teach knots and techniques, and overall encourage girls in their enthusiasm for rock climbing and show parents how to support their children in this sport.

Our goal is to do an informal speaking panel during the event where mentors (who feel inclined to speak) can share a little bit about their experience in climbing, how they got into the sport, who were their mentors, etc. and have a slideshow of women in our awesome community climbing.

If you or anyone you know would like to be a mentor or help out at Womentor Night, please email kathryn.guyen@cmc.org and include any yourself you'd like to share of yourself being awesome outside by Wednesday, March 4th.

Attention Technical Trip Leaders!

In an effort to promote growth of technical climbing activities at the CMC, Denver Group transferred responsibility of technical climbing schools and trips to the State Technical Climbing School Committee. If you are a current or aspiring Denver Group technical trip leader, please click the link below to learn more about this change.

Learn More

Social Activities Calendar

Sunday March 1 - See the classic film "Hoop Dreams" at the SIE Film Center, 2501 E. Colfax, next door to the Tattered Cover Book Store The \$1 tickets are available at the box office one hour before showtime at 1:00 p.m.

Saturday March 7 - Get Outside with a Bird Walk. It's Free at the Bluff Lake Nature Center with their birding experts. They will even loan you binoculars. Begins at 8:00 a.m. 3400 Havana Way (via MLK Jr. Blvd, about 5 miles east of the Denver Zoo). <http://www.blufflake.org/>

Friday March 13 - TGIF at the La Belle Rosette Espresso and Wine Bar. 2423 S. University Blvd. with free parking behind that is accessed by going west from University on Wesley and immediately turning left into the alley where a short distance down on the left there is a lot. Meet Bob at 5:30 p.m. or drop by a bit later to enjoy their menu. <https://www.labellorette.com/>

Saturday March 14 - Mission to Touch the Sun. 1:00-3:00 p.m. Hear about NASA's Parker Solar Probe from a "NASA's Parker Solar Probe" David Malaspiina. Free. Opens at 12:30 p.m., Butcher Auditorium of the Jennie Smoly Caruthers Biotechnology Building, 3415 Colorado Ave.

Friday March 20 - Never too late to celebrate St. Patty's Day 6:00 p.m. TGIF at the Bonnie Brae Tavern 740 S. University Blvd. If you didn't "wear your green" on the 17th, try today! Enjoy the expanded menu. <https://bonniebraetavern.com>. "Westsider" and world traveler Dick Dieckman, just back from Costa Rica, will host with Leslie: pleisie.leslie@gmail.com Bring your "Irish or not" friends along, too.

Saturday March 21 - Dinner at Citron Bistro, 5:00 p.m. This restaurant at 3535 S. Yosemite (near Hampden) has a great and affordable menu. Those interested can ride with us after on RTD Light Rail to the Symphony (see below). Come to one or both events. For directions and reservation (required), call Bob Shedd, rshedd@aol.com or 720-290-6014.

Sunday March 22 - Get Outside it's a Free Day at the [Denver Botanic Gardens](#).

Sunday March 22 - Be Outside in a historic mountain town. Take the [Tour of Frisco](#). 11 a.m.

Denver Conservation / March 30 / 14er Access

Denver Group Conservation will hold its spring, quarterly, meeting on Monday, March 30, at 6:30 PM in Golden. Our main topic will have a panel discussion on access to Mts. Lincoln, Democrat, Bross, as partially governed by the Colorado Recreational Use statute. This statute provides some liability protection to private property owners who allow free public access to their land. Many know that these three 14ers are mostly privately owned, including the summits of all three peaks.

We'll also have updates from Julie Mach, our Conservation Director, as well as local activists. Seating will be limited and RSVPs are essential. **Registration will be on the Events page of the CMC state website beginning in early March.**

CMC Foundation 2019 Grants Recap

The Colorado Mountain Club Foundation (CMCF) was founded in 1973 in order to raise, manage, and distribute funds to support the Colorado Mountain Club and other similar organizations. In addition, the CMCF provides fellowships and small grants to support research being done by students — undergraduates and graduate students — conducting research in the Rocky Mountain region. Want to get to know the 2019 grant recipients and their work? Check out the article below.

[2019 CMCF Grant Recipients \(PDF\)](#)

Youth Education Volunteer Opportunities

Are you interested in being a mentor for youth over the summer for a week? If so, CMC's YEP Adventure Camps want you!

Serve as a Summer Adventure Mentor for a Mountain Explorers or Outdoor Climbing camp. We are hosting an information session on Thursday, March 5 from 6-7 p.m. so you can learn more about this new position. This session will take place at the AMC.

For more details or to sign up for the info session, contact Adam Fedyski, Youth Education Volunteer Coordinator, at adamfedyski@cmc.org or by phone 303-996-2751.

Call for Submissions

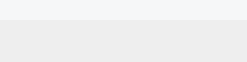
Have an item you'd like included in a future Mile High Mountaineer newsletter? **The next deadline is Friday, March 14.** Guidelines:

- Articles should be 200 words or less, **OR** submitted as a PDF
- MHM editors reserve the right to determine what's included in the newsletter and edit submissions for clarity and length
- Submissions must be relevant to the Denver Group of the CMC and/or its members; paid advertisements are not accepted (please contact cmcpres@cmc.org for information on advertising in *Trail & Timberline* magazine)

Please send submissions to: milehighmountaineer@gmail.com.

Questions, comments or submissions? E-mail milehighmountaineer@gmail.com.

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