Come join us at the Chatfield State Park for our Annual Picnic on June 11, 11:30 am to 2:30 pm.

**DEADLINE TO SIGN UP ~ JUNE 4**


Chatfield State Park is located at 11500 N. Roxborough Park Road, Littleton, CO 80125 (off C470 on Wadsworth exit south.) For more information regarding Chatfield State Park, see [https://cpw.state.co.us/placestogo/parks/Chatfield](https://cpw.state.co.us/placestogo/parks/Chatfield).

A DAILY ENTRANCE FEE OF $10 OR AN ANNUAL STATE PARK PASS IS REQUIRED ON ALL VEHICLES ENTERING THE PARK (YOUR RESPONSIBILITY.)

We have reserved the Marina Point Picnic Shelter. Lunch will be served starting at noon until 1 pm. *Hamburgers, hot dogs, veggie burgers will be provided by the RMOTHG.*

*** PLEASE BRING AN APPETIZER, SALAD, SIDE DISH, OR DESSERT TO SHARE – YOUR CHOICE. WE ALSO ASK THAT YOU BRING YOUR OWN BEVERAGES – THAT MEANS YOU BRING YOUR OWN WATER, SOFT DRINKS, BEER OR WINE. ***

There will be hikes, bike rides and horseback riding available through the RMOTHG, but you must **sign up separately** for those “trips” on the CMC website.

**If you are interested in horseback riding:** Contact Bob at 303-933-3636 for reservations and information at Chatfield State Park. Individuals should call several days in advance to reserve. He said NOT for us to organize the reservations as he sees so many not show up when groups do that. He will take your credit card info to hold your spot. The groups are guided (no taking horses out on your own). Prices (there is no group discount) are $45/1-hour, $65/1.5 hour, $85/2 hours. VERY strict 220# weight limit. It really doesn’t matter weather-wise (heat in June) if people want to ride before lunch or after. The horses eat lunch from 12:00 to 1:30, so no rides then. So, get your group together, call for your reservation, and get out there and have some fun!

There are horseshoes and a volleyball area available at the picnic site – no sign up necessary. If you have corn hole games, please bring along. There are lots of activities available at Chatfield State Park. There are 26 miles of trails and an abundance of parking, as well as swimming, boat rentals, a model airplane field, and an electric vehicle charging site at the Plum Creek or Deer Creek entrance.

For questions, please contact Ronnie Knueven at knuevenru@comcast.net.
Come join RMOTHG for a "giving back" event -

"NEIGHBORS HELPING NEIGHBORS"

AMERICAN MOUNTAINEERING CENTER (AMC) GOLDEN, CO

We'll assemble oatmeal packs for various nonprofits food bank for two hours, then go for happy hour.

Sign up on the CMC calendar under "events." - for vaccinated RMOTHG members -

The nonprofit Spark the Change has need of volunteers for packing Harvest Oatmeal packets. This event will prioritize sending these packets to Broomfield Food Bank for distribution to some of the Marshall Fire victims. Tasks include: Measuring oatmeal, protein powder, spices. Sealing the packets. Boxing the finished packets. Loading the boxes for delivery. Most of the tasks require standing but some can be done seated.

Happy Hour after for those interested at the Bridgewater Grill in Golden (a couple blocks walk from AMC.)

Questions? contact Elaine Shirley at elaineshirley@q.com or Mike O’Connor at mikeoc111@gmail.com

HARVEST OATMEAL PACKING
Tuesday, June 28, 2:00-4:00 pm

MINIATURE GOLF
Monday July 25 at 7:00 pm

Let’s get together for some miniature golf on Monday, July 25 at 7:00 pm at Adventure Golf & Raceway. With a minimum number of 10 people for a group, the cost is $7.00 for 18 holes.

DEADLINE TO SIGN UP ~ JULY 10

The location is:

Adventure Golf & Raceway
9650 Sheridan Blvd.
Westminster, CO  80031

They also have go-karts, bumper cars, a ropes course and a maze. We can also participate in these activities.

June 11  Annual Picnic - Chatfield State Park Marina Point
June 25  Seminar on Hiking Safety, AMC
July 25  Miniature Golf
August TBD  Graffiti Tour - Denver

August 1  Gore Range/RMOTHG Jay's Hut Trip Registration Lottery Opens
(More details in July newsletter)
August 8-11  Turquoise Lake Campout
September 11  Annual Meeting & Awards Banquet - Mt Vernon Country Club

April 19-21, 2023  Gore Range/RMOTHG Jay's Hut Trip

We are always open to suggestions and ideas. Please forward to Ronnie Knueven at knuevenru@comcast.net

DEADLINE: the latest time or date by which something should be completed.

RSVP: an initialism derived from the French phrase Repondez s'il vous plait, literally meaning “Respond, If-You-Please” or just “Please Respond” to require confirmation of an invitation.

Just a reminder that when there is an event, a lot of planning goes into it and other people are involved.

PLEASE REMEMBER TO RSVP BY THE DEADLINE DATE!

It's the courteous thing to do.
Greetings friends!

Summer is starting with “fits and starts” but never fear it will get warm soon. In the meantime, there are many hikes, bike rides, our annual picnic and even a “giving back” community event planned in June. Details on these trips and events are described in this newsletter and on the calendar for sign up.

It’s that time of year when the RMOTHG board is recruiting replacements for board members completing their 3 years of service. This year two positions will be open on the nine member board. There are 6 board meetings during the year that take place for about 2 hrs each and have been both virtual and in person. Janice Johnson, Carol Wier or any board member can be contacted for more information and to volunteer to run for the board. Nominations are due in July with brief biographies of candidates to be published in the August newsletter. Voting will be completed by August 31 so that the new board members can be introduced at the Annual Meeting in September. Please consider volunteering to join this dynamic and fun leadership team.

The July board meeting will be Monday, July 18, 1-3pm. You are welcome to submit ideas, questions or concerns to any board member for consideration.

Get outside, be active, have fun,

Carol Wier

carolwier365@gmail.com
last month's
WORD SEARCH GAME answers

RMOTHG

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RUZVFOBCGTREKKINGABH
NSHNIKOPHOTOGRAPHYBS
ENACHRHRTVPMDSOCIALPI
YAGORISICMCWEBSITEFCOG
TGCNTKGDENVFSVSQLN
FKSSAIFRIENDSHIPZUEU
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cross-country  photography  friendship  conservation
cmcwebsite essentials fly fishing essentials
snowshoes newsletter terrapin guidebooks
climbing first aid bobcats carpool
social Golden trekking skiing
snacks hares hiking helmet
biking RMOTHG  hiking poles
ten  CMC  signup

Build your own custom worksheet at education.com/worksheet-generator
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Learning how to be safe in the backcountry is a major reason many members join the CMC. So we’ve developed a one-evening seminar especially for new members who want to learn the basics of hiking safety.

The Introduction to Hiking Safety seminar will teach you:

- the many aspects of safety you need to be aware of, including subjects such as lightning, avalanche, animal encounters, getting lost (or staying found) and being stranded over night
- how to avoid, how to prepare for, and how to respond to safety challenges
- an introduction to the extensive program of in-depth, hands-on safety training courses offered in the CMC Denver Group’s adult education curriculum.

The next session will be held at the CMC building in Golden on Saturday June 25 at 10:00.
The price is just $10 for CMC members and $15 for non-members.

To learn more or to register for the seminar, go to http://www.cmcdenver.org/schools/introduction-to-hiking-safety

THANKS SO MUCH FOR ALL YOUR PHOTOS! KEEP EM’ COMING!
Please Email YOUR photos - of hikes, bike rides, events, natural beauty, anything of interest, to Maryann - tophillnews@gmail.com
Our Wednesday hikes are available for viewing on the CMC calendar on the previous Thursday and opened for registration at 5 pm on Friday when we send a notification e-mail. RMOTHG hikes for other days of the week are available on the CMC calendar and opened for registration about a week in advance. If you would like to be on the notification list, please e-mail hiking.list@RMOTHG.org. If you were already on the list last year or have just requested to be this spring, you will still be on the list. When you sign up for a trip, the CMC system will send you an e-mail letting you know if you are on the roster or the waitlist.

PLEASE IGNORE THE STATEMENT THAT IF YOU ARE ON THE WAITLIST YOU WILL BE NOTIFIED IF YOU MOVE UP TO THE ROSTER. THAT FUNCTION IS NO LONGER WORKING.

A day or two before the hike, the leader will send a reminder e-mail to the participants on the roster. If you were on the waitlist but receive the e-mail from the leader, you know you have moved up to the roster. You can always check your status on a trip by logging into CMC.org, going to "members", and then to "my trips". Whether you are on a waitlist or a roster if you decide on an alternative activity for that day, PLEASE cancel from the trip. It may not seem necessary if you are on a waitlist but many trips have a relatively high turnover shortly before the trip. When one person moves up from the waitlist to the roster, if that person is no longer interested, then he/she is taking up a spot that the next person on the waitlist may be very interested in having but never has the chance. To compound the situation, members are no longer automatically notified when they have moved from the waitlist to the roster so you may be taking up a spot without even knowing it. To cancel from a trip log on to CMC, go to members, then to my trips, and click the cancel button at the bottom of the trip description.

RMOTHG Ascending Hikes series is being terminated. This was an experiment born of a request from the Denver group and was dependent on sufficient leader participation. Unfortunately we did not have a positive response from our leaders for A hikes in the series. Please keep in mind that RMOTHG offers many A and B hikes throughout the summer and fall and each hiker can choose appropriate hikes on their own to develop a gradual increase in difficulty. We encourage you to check the CMC website on Thursday evenings to see what RMOTHG Wednesday hikes will open for registration the next day at 5 pm and decide which one is most appropriate to your level and interest. This season especially there have been many hikes on days other than Wednesday. They are announced through the RMOTHG hike announcement and all of you are on that mailing list.

The wildflowers are blooming. The peaks are still showing snow. Get out there and enjoy our beautiful mountains.

TENTATIVE JUNE HIKES

WED, JUNE 1 - Mt. Sniktau (moderate B, moderate pace)
WED, JUNE 8 - Staunton Bear Paws (easy B, moderate pace), Peak to Plains/ Clear Creek (easy A, Casual pace), and North Table Mountain (difficult A, casual pace)
FRI, JUNE 10 - Meyer Ranch (moderate A, casual pace)
WED, JUNE 15 - Golden Gate Canyon (difficult A, moderate pace), Geneva Mountain (easy B, moderate pace), and Centennial Cone (difficult A, moderate pace)
WED, JUNE 22 - Back of the House Denver Walk and lunch at The Original Brooklyn's patio (moderate A, moderate pace)
WED, JUNE 29 - Staunton Bear Paws (easy B, casual pace) and Mt Volz 12,589 (moderate B, moderate pace)
Various hiking guides have lists of basic equipment needed for every hike, such as the “10 Essentials.” The RMOTHG cyclists have found through experience that the following items are important for every trip. Please carry them in your gear bag on every biking outing and do not rely on the leader to have extra water, food, or equipment for your use.

**10 Essentials for Cycling with RMOTHG:**

1. Helmet
2. Water
3. Snacks
4. Sunscreen/lip balm and sunglasses
5. Identification and medical card
6. Clothing for changes in the weather
7. Flat tire repair kit (replacement tube for your bike tire size)
8. Small tool kit (to perform minor bike adjustments)
9. First aid kit (to stop the bleeding from road rash)
10. Map/Smartphone (for finding the most direct route back to your car)

**Rules for Safe Riding:**

1. Stay behind the leader and ahead of the sweep. If you need to leave the ride, temporarily or permanently, inform the leader or sweep.
2. Ride to the right, single file to allow space on the path for oncoming cyclists and faster riders to pass.
3. Always obey rules of the road and traffic signals.
4. Keep a safe distance back from the rider in front of you.
5. Use arm signals to inform riders behind of your intentions.
6. When stopping, move off of the bike path, so others can pass safely.
7. When a faster rider approaches from the rear, alert fellow riders of a passing rider by shouting “Biker Back” or car, stroller, etc.
8. When a cyclist is riding toward us, alert fellow riders of the passing rider by shouting “Biker Up” or car, stroller, etc.
9. When you are overtaking a slower individual, some wear ear plugs, try to alert the individual and say “Passing on your left or right”.
10. When the ride changes direction, there is a need to ensure following riders are aware of this change: the leader will post a rider to be a “corner”. The “corner’s” responsibility is to indicate the change in direction and remain at the post until the sweep arrives.
11. Practice situation awareness, common sense, and courtesy.
12. Ride safe and have a good time.

Got a AAA card? AAA will transport you and your bike to a nearby bicycle shop for repairs or to your car. You may need a credit card and/or cash to pay for expenses.

If you are interested in riding, please contact me by email at bicycling.list@RMOTHG.org requesting to have your name added to the cycling list. Only RMOTHG members will be added to the list and you’ll receive a weekly email reminder to sign up at www.cmc.org.

Wayne Tomasello
FUN WE'VE HAD

WINE TASTING - CREEK SIDE CELLARS

SCRAMBLING - BLACK BEAR

FIRST RIDE OF 2022!
PLACES WE'VE BEEN

BLACK BEAR

BEAVER BROOK CHAVEZ

MEYER RANCH - MT. LEGAULT

STAUNTON STATE PARK - BEAR PAWS
MT. GALBRAITH

SOUTH PARK FROM KENOSHA

ROXBOROUGH - WILLOW CREEK FALLS

SPRUCE MOUNTAIN

RAMPART RANGE BIRDING HIKE, LONG SCARIDGE IN BACKGROUND
SIGHTS WE'VE SEEN

STAUNTON STATE PARK - YIKES!!

SUSANNE IS LEARNING TO SHARE WIGGLES, A 6 YR OLD BULL SNAKE, AT THE MAJESTIC VIEW NATURE CENTER, ARVADA

SPRUCE MOUNTAIN

BEAVER BROOK
ROCKY MOUNTAIN OVER THE HILL GANG
A Section of the Colorado Mountain Club Denver Group

RMOTHG SECTION BOARD

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IF A FELLOW RMOTHG MEMBER HAS A SERIOUS ILLNESS, INJURY, OR HAS PASSED AWAY, please contact our RMOTHG secretary to send a friendly note to that member/member’s family.

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